



ADOK - 21 | NOVEMBER 2020

SHISAMOLU

Annual Magazine of DABA Youth Ministry

LOOKING UP AMIDST LOCKDOWN

Amusing Ourselves
to Senseless

INTERVIEW

Taküm Kuli

TSÜNGREM TENZÜKBA
NUNG TEMOATSÜ

Biblical Perspective
on LGBTQ

JAYAJAKO ASER
TANÜ LANUR

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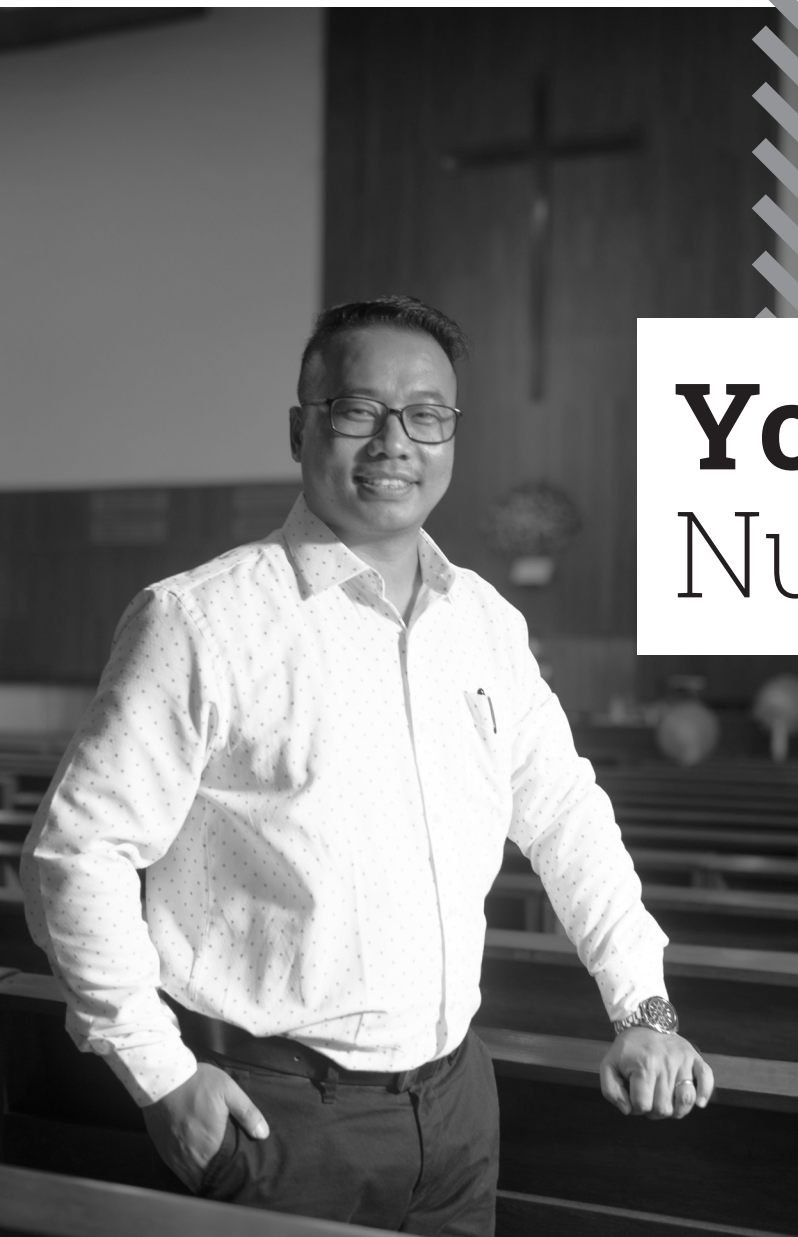
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Editorial

Shisamololu kaket azünger ajak den editorial team ajanga Tsüngrem temeim salem lemsateper. Global pandemic COVID 19 ajanga asenok tekülem kidang mesüra ministry den sentakba maparen balala nung ajurutepa telungjem magitetaka, Khrista nung bo asenok ajak lungjema lir aser temeim ka dang lir. Tensa aser mapang den apet, "LOOKING UP AMIDST LOCKDOWN" ta asüba omen nung amendaker taküma Shisamololu kaket adokogo. Iba kaket ajanga Tsüngremi asenok ajak moatsütsü ta amanger aser iba nung shirnokisa pei shisa tajung lemsatepogo, parnok ajak nem tenüngsang aser pelaba metetdaksür. Tsüngremi asen Youth Ministry aser Shisamololu kaket azünger ajak maneni moajangma.



Youth Director Nungi

Jongshimanen

Alima ajak wara tesashi agi amokbanger iba tsüngken tsübuba agi yimti süngküm aser yimdong; shishilembaba aser rali-oli; shisaliok aser yimsüsübaren ajak tsüngdangpia-konga azüngmeyaka shipanger, shiba tama meneptsü ta; shir asü ta; tsürenseta pei takdang nung shibanger küm piyong alitsüsa tensa-i bener arutsüogo. Iba ama tensa ka süakasa T. Ken 121 nung ashiba ama shibaisa tenem len, kong KIBUBA lir, rangketa yuker, Pa nungi tashi tasen angur ta metet. Tensa dak repranger KIBUBA dak reprangtsü masü saka KIBUBA ajanga dang tensa dakji reprangra kecha tetsübutsü mali; wara kecha agia madongtsü kechiaser KIBUBAI na aser ni nüka alitsü (T. Ken 91).

Covid 19 wara arudang na shiba dak jenok? Iba sulen ano wara tamajungba ka arura na shiba dak jenoktsü aser shiba dangi meyiptsü? Alima ajaki "Lockdown" ta ajatsü akok saka asen KIBUBA dang "Look Up" süra ibai "opportunities" lapoktsüba mapang ka asütsü. Tsüngremi iba Shisamolu azünger ajak moajangma.

Yisu shibai na aser ni menen nungi aniteta teti Pa den Kotak lima nung alitsü asoshi alangzük, Pa taochi aser temeim salem Shisamolu azünger ajak dangi abener. 2009 May ita nungi asen Arogo nung tenzüka arur, 2018 June – 2020 June tashi study leave aki; aser 15th July 2020 nungi tenzüka inyakdaki. Nenok kija aser kibong ajak dang ni aser ozü kibong-i pelaba lemsateper.

Taküm 2020 Shisamolu "Looking Up Amidst Lockdown" omen nung ajemdaker tensa dak peta adoktsü asoshi Editorial team aser ocet zülurtem ajak dang pelaba shisemer.

GENERAL SECRETARY OSANG

• Tarenmenla Pongen



Tamasa DABA Youth Ministry Office ajanga Shisamolu kaket azünger ajak dangi Yisu Khrista temeim salem abener. Taküm küm 2020 ABAM omen "Tesendaktep Ajanga Taneptsü" II Puti. 7:11, nung amendaker sentong aika liaka COVID-19 Pandemic ajanga magitetsüsa aküm, saka yangi sentong kar inyakba tatsü agi lemsateper.

ABAM-i lempzüksüba sentongtem:

1. 14th- 17th Feb. 2020: ABAM-i Lanur lenirtem atema ayongzükba "Next Gen. Leaders Training, Lead like Jesus" sentong nung DABA Youth Ministry lanur ter ana (12) tena temoatsü ngua liasü. Iba sentong ya Don Bosco Institute of Development Leadership, Don Bosco School Campus, River Belt Colony, Dimapur nung agia liasü.
2. 5th July 2020: ABAM Youth Sunday Devotional tekülem nung sentong lanurtemi bendanga online ajanga agia liasü. Sentong nung O jembir Mr. Limaakum, Youth Director (officiating) liasü.

Inti Sentongtem:

1. 26th Jan. 2020, DABA Youth Ministry tenzüker tejen tasen melentepba sentong agi.
2. 8th Feb. 2020, DABA Youth Ministry kübok lenirtem ajak sentepa 6:00 am - 7:30 am lumia sarasadema liasü.
3. 12th May 2020, **TOUCH DIMAPUR** omen "Caring for God's People" Hebrew 6:10, nung ajemdaker teintet lanuri Dimapur State Stadium nung Nagaland Government aser Ao Kaketshir Telongjem ajanga stranded nüburtem pei kidangi yokba sentong nung ministry inyaka liasü.
 - (i) Free refreshment stadium-i tarur ajak asoshi renemtsü.
 - (ii) Bus 35 atema mineral water cartoon ana, juice cartoon ka aser chiyungtsü tapu balala lenmang nung achi-ajemtsü bener yok.
 - (iii) Security personnel atema tent house yanglutsü.



4. 13th May 2020, Contextual Ministry nung amendaker Covid-19 pandemic mapang DABA kübok aliba lanur unemployed aser lanurtem source of income lenmang kecha maliba ajanga timtemertem semdanga Relief aser sarasadem agüja ministry inyaka liasü.
 5. 1st Aug. 2020, lenirtem ajak pei pei kidang 7:00 am - 8:00 am lumia sarasademba mapang agia liasü.
 6. 2nd Aug. 2020, Lanur Tekülem Sentep Online Live streaming tenzüka liasü aser tanü tashi temoatsü nung agia arudaki.
 7. 9th Sept. 2020, DABA Youth Ministry Drama Club Web Series 'Dreams and Chaos' by Mr. Sentilong Ozukum indang novel nung ajemdaker shooting tenzüka liasü. November ita tashi nung web series release asütsü sentong lir.
 8. 11th Sept. 2020, True Love Waits sentong atema Testimony Recording süa liasü. Testimony agütsür, Mrs. Toshimongla Lkr, Mr. Imlimoa Jamir, aser Miss Imlibenla Mongru liasü.
 9. 15th to 19th Sept. 2020, Made in DABA-V sentong online ajanga agia liasü. Iba sentong nung DABA lanurtemi parnok sasa yanglutetba oset aser chiyungtsü online ajanga display süa orders agia liasü. Fellowship ajak nungi 70 participants online registration süa liasü. 19th Sept. 2020, anogo nung free delivery inyaka liasü. Ajak agi parcel 258 delivery asü.
 10. 23rd Sept. 2020, True Love Waits sentong atema interaction session ka recording süa liasü.
- Tsüngrem temeim aser taochi nung 2020 Covid-19 pandemic liaka DABA Youth Ministry kanga temoatsü nung ania arudagi. Ano küm tembangtsü ita ishika anünga lir, iba mapang nung ministry wadang nung Tsüngrem taochi tenang ta onok lanur sarasadem lir. Tsürapur aser Shisamolü azünger ajaki lanur ministry atema maneni sarasademjangma.



Looking up during the Pandemic and beyond

Shiluinla Jamir

C COVID-19 has turned our lives upside down and has ushered in a “strange time.” This virus has killed around 929k people and 29.3 million has been affected by it globally (and counting). The virus is dangerous because according to World Health Organization it keeps mutating and the solution for a vaccine involves some more waiting. We are not sure how many lives would be lost while waiting for the vaccine. However, it is not merely the virus that is frightening. The socio-economic impact on human beings especially on the daily wage earners, and the urban poor is heart wrenching. We are not sure how many would die due to COVID-19 induced poverty before life is normalized. Our lives are precariously perched in the intersection of the virus, economic fallout and a social life that is signaled by loneliness and confinement.

COVID-19 has also brought in a strange way of grieving the loss of our loved ones. The sacred Christian burials are no longer applicable. The body is now “packed,” masked strangers come and take the bodies to be “disposed off.” The language has changed as well. Burying the death implies “dispose off,” funeral services have become “Standard Operating Procedures,” the scriptures and prayers that we read and say during burials have been replaced by SOP. The virus is construed as an enemy, and the race against COVID-19 is projected as “war against the enemy.” This sense of seeing it as an “enemy” and fight against it as “war” has impacted our perception of people and families who have been affected by COVID-19. We see them as “enemies,” and stigmatize them instead of tending

to them in Christian spirit of love and solidarity. The grieving family grieves alone, locked in their homes. At the same time, it has also brought out our human vulnerabilities and our interdependence on each other. We all remain exposed to the danger of the virus and our safety depends on the safety of the other.

We are in strange times and the question before us like the Psalmist asked in Psalm 137:4 is “How can we sing the songs of the Lord while in a foreign land? Or to change it into our context, “how can we sing the Lord’s song in such a strange,” frightening time such as this? But the same Scripture on the other hand promises us of an eternal life. In John 10: 28 it says, “And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.” This implies that we are not to resign to this strange time or be transfixed in the moment of chaos but to move forward. That is the assurance and hope we receive through the promise of eternal life from Christ.

In the context of COVID-19, let us try to understand what eternal life can mean. It does not only imply life after death but it also means affirming each other and each other’s lives. It means preserving our self and the life of the other. It means striving for a common good that includes the good of all of us including the poorest that live amidst us. In the midst of human frailty and helplessness Christ promises us that eternal life therefore we are to sing the Lord’s song even in this strange time. On the bases of Christ’s promise of an eternal life, the Dimapur Ao Baptist Church (DABA) Youth Ministry’s theme very boldly invites us to “look up to the Lord.” “Look up” means not only to look to Jesus for healing and comfort but also to derive examples of how we might transact in this strange time.

The promise of eternal life was actualized in the cross event and the resurrection that followed. The cross event symbolizes torture, death, loneliness and abandonment. It shows the powerlessness of Christ over death. Similarly, this “strange time” represents our powerlessness over the pandemic. But the cross event also very profoundly reminds us of Christ’s love and solidarity with us sinners. It represents life. Therefore, *the agony and death of Christ on the cross is a life giving moment, a moment of redemption that we might have eternal life.* Death and resignation did not have the last say. The fact that Christ rose again assures us of certainty and hope in the midst of hopelessness.

The fact that Christ rose again assures us of certainty and hope in the midst of hopelessness.

What lessons can we draw from the cross event during this COVID-19? While the pandemic makes all of us vulnerable to death, solitude, abandonment and even hunger for some, it has also opened up ways for us to express the kind of love Christ demonstrated on the cross. Let me give you an example to explain how this can be done by doing a simple thing like wearing the mask. We wear the mask not only to protect ourselves from the virus. It is also to help prevent spreading so that our neighbors are not affected by it. That way we enhance the lives of others. This is one way of loving and accompanying others. Yet, there are families that have to make a difficult choice between buying food and buying mask. Let us look out for those people in solidarity and love. We are called to give life and this is a perfect moment to live out that call.

Shiluinla Jamir has completed her doctoral program from the United Theological College, Bangalore. She is currently leading the AsiaCMS research on “Christian Mission during COVID-19 and Beyond.”

The kind of love that we see Christ displaying on the cross is not restricted to expressing love among equals but loving those who are poorer, weaker and lonelier than us. If we are driven to love and share even small things like vegetables from our kitchen garden with someone who is equal to us then we need to “look up” to Christ and realign our values. Matthew 5: 21 say, “You have heard that it was said to the people long ago...But I tell you that...” This text implies that Christ introduces new norms, values and social meanings. This pandemic is a “moment” to re-search, re-seek our values and commitments in the light of the Cross event and our own vulnerabilities.

This pandemic also teaches us that the context is no longer about keeping ourselves safe, or seeking our own good. It reminds us that our safety is intrinsically linked to the safety of our neighbors. Therefore seeking the common good “for the life of the world” should move us into living a purposeful Christian life during this pandemic and beyond. Only then we can courageously sing the Lord’s song in this strange time.





Lanunola
Yinsem Fellowship

The Inner **Battle**

From the outside a person may look fine, but we never know what inner battle or conflict they are experiencing. I believe no one ever thought that we'd ever be in the situation we are currently facing now. The busy different work schedules of working men and women have been replaced. Students' educational environment is no more in classrooms but is constrained in mobile phones and laptops. The current situation has brought families together under one roof and due to excess free time families are getting closer and it is also an opportunity to learn new things we haven't tried before, one can also polish one's inner talent.

Despite the above there are many negative sides arising from the current situation we are in. Several people's lives have been affected, many are left jobless and the graduated youths are unable to get employment or find proper jobs. This has led to stress among the parents who are jobless and anxious. Many youths have missed great opportunities and especially their social life has been put to a halt. For youths social life is a very important platform to build up their character, personality and confidence. But unfortunately the current situation has forced us in the four corners of our room. Too often, people

are quick to judge depression and other mental illnesses as forms of moral weakness or a lack of will power. Depression isn't just sadness. People with depression have experiences, such as finding it hard to focus, feeling helpless, having low motivation to do anything or not wanting to do things they used to enjoy. There is misconception that they are lazy or weak which will instead make it more difficult for them to recover.

**...but
we all have
to believe and
have faith in that
particular ray of
hope; A Hope in
Jesus Christ.**

For some youths the present scenario can be a dark time. Some of us may have even given up and allowed negativity to take control our lives. However, you and I still have a ray of hope. A hope which surpasses all obstacles, a hope which started from the Cross at Calvary. So this current situation brings a mixture of good and bad experiences and sometimes it can really be challenging but we all have to believe and have faith in that particular ray of hope; A Hope in Jesus Christ.

"Life will be brighter than noonday, and darkness will become like morning. You will be secure, because there is hope; you will look about you and take your rest in safety."

Job 11:17-18.

Tetsü Oshi-ji Shisangren Tamendaktak

Moakhaba Jamir
Duncan Fellowship

Nisung shia tetsü pok nungi kinü tanur ka ama alimai arur, aser tetsü tepimanung ajonger tepok süngdakja - o sayua anitetba agi tetsü tasola - o kanga tongtibang ta züngshir. Aser iba o ya nisung ka nüji kümdaktsüba rongnung mezüngbuba shilem lir.

Mokokchung district yim dak yimtsüngtem nungbo English aser Nagamese kangabo sabua mejembir. Saka asen Dimapur jila nung reprangdangra English aser Nagamese kanga bulua jembiba tesem ka lir. Iba yongji tanü lanur aika pei tetsü oshi junga memetet/mejembitet lir.

Asen Aor-i jembir asenok long trok nungi jakzük. Asen tetsü tebu mapang parnok dak tezüluba shisatsü maliasü. Saka tanü asenoki par otsü tajung meteta lir. Par shisatsü tajung, sobaliba libaliro tajung, ken-sü-o-sü tajung asenoki meteta lir. Ya kechiba sürabang, parnoki zülutsü tezüluba shisatsü meliakasa parnok dak tetsü oshi tajung liasü aser iba ajanga tanü tashi par otsü wazüka lir.

UNESCO ajanga alima nung pei tetsü oshi kümzüka

aser wazüka ayutsü nükjidong nung küm shia International Mother Language Day February 21st nung amonger. UNESCO Director General-i ashiba agi, hopta ana shia kin ka ka samaa aoer aser oshi samaba den par sobaliba aser lipok senmang samar.

Sürabang asenoki tanü asen putu jenjang reprangdangdi. Asenoki asen pei tetsü oshi koba jenjang ka nung yua lir, koba jenjang ka nung amshidar/jembidar, aji ni aser nai meteta lir. Pei tetsü oshi jembiba ajanga naji shibar tangar dang sayur. Pei tetsü oshi meteta/angazüka jembiba den pei sobaliba nung ina tetemsü nisung akümtsü kanga tongtibang.

Asen Ao Senden Literature Board-i asen oshi tajungba yanglua amshir. Iba ya asenok ajaki pei tetsü oshi meima, angazüka, tangar tsüngdang ni Aor ta tejak tenteta sayutsü kanga tongtibang.

Na kong lidir liaka, na koba telok nung südir süaka, pei tetsü oshi meraketa jembia, iba jagi tangari – ya Aor-a, ya Aotsür-a ta ajitetdakjang. Pei tetsü oshi meraketdakjang.



AMUSING OURSELVES TO SENSELESS

Sukum Aier
Yinsem Fellowship
Asst. Co-ordinator in
Community Mental Health Programme



No matter what we do today, it is likely that social media is involved. Social media is a good thing but not if you/I cannot control it. Today almost all of our society revolves around consuming social media. The time of the culture we live today is giving further growth to one word “*entertainment*,” amusing ourselves and other while doing so losing touch with our surrounding reality, losing touch with one’s true self and in touch with our amusements.

No longer once private life is private. We see individuals no longer interest in own life but *comparison* has become the social norms to determent oneself and social media platform are devoted in supplying its users with endless scrolls of amusement. But unhealthy comparison can be the thief of joy in life. While individual tries to fulfill the art of producing viewer’s base content to get more subscribers or post picture by editing in search for that one picture perfect #NoFilter. The danger in it, is becoming dependent on virtual complimentary for self-identity and integrity. One can also end up editing his or her own life in real time by creating a cycle of envy, always wanting to be perfect that can develop psychological insecurity and dissatisfaction towards one’s own life. Studies from the journal of Public Library of Science One and American Journal of Medicine discovered that frequent user of social media fell less satisfied and feel lonelier.

As we become dependent on internet there is a worldwide 60% increase over the past seven years among the internet users. Words such as *share*, *subscribe*, *follow*, and *like* are becoming the fast new word of learning in today’s culture, providing the platforms where anybody can talk about anything and everything as it is the age of internet or social media. The next thing you know, one’s person’s freedom of speech can become tools of terror for another, not to mention character assassination of individual, to cultural shaming or subjugation of

the other. Social media platform has achieved the power of creating new narratives of truth-telling. It defines the forms in which it must be told, shared, and be informed. While we acknowledge that social media inform us, there is also no denying social media alters the meaning of “well informed” to “being informed” by creating misleading, misplaced, superficial, and fragmented information creating the illusion of knowing something to be true. As such one can lose the sense of what it means to be well informed with truth and be filled with junks. Ignorance can be correctable but what shall we do if one takes ignorance as the sole truth.

No doubt, we get lot of things because of social media presence but with every pop up notifications, follow, likes, the kick of dopamine that a person get makes him/her desire more for the same felling again and again. As a result, social media addiction has become a reality and a dangerous compulsion as a cigarette addiction (any other). The differences, unlike cigarette that blows up smoke, social media addiction can blow up our entire career unknowingly. And just like any other addiction, we deny this addiction too. But in fact, on an average a young person checks his/her phone more than 150 times daily so that he/she don’t feel felt out #FOMO. The problem is not only with the young people but even the older generation have join the bandwagon too #trending NOW.

Romans 12:2 says, “Don’t be conformed to this world, but be transformed by renewing of your mind...” We may not be able to eradicate this phenomenon but we can be safe by introspecting and becoming aware of the potential power of social media. So that we can control it rather than letting it entertain ourselves to senseless.

Testimony

Temsunungsang
Sümedem Fellowship



Tamasa Tsüngrem temeim nenok ajak dangi abener. DABAYM dang iba maongka tajung asoshi kanga pelaba metetdaksür. Ni tila asü dang nungi kanga ajemalua tsürapur tashi anga aruba tanur ka liasü. Sentep aser lokti maparen aika nung kanga shilem agia arua liasü. Kodang tainba küma aru kü taküm nung tajung aser tamajung aika ajangshi, saka tamajung lenmang nung aser mojing sentong nung aiben tsüka kü taküm liyonga aru. Ni sentep mapa aser Tsüngrembo tenzüka aru, saka shitakba Khristabo kü molungjangi magizüktetti liasü. Kodang ni yamaji liyonga aru, kü taküm nung tejashi aser tamakok agi sünga aküm aser temesepba chia ajemba nunga kanga tsüka liyonga aru. Mapang ka aru, kü taküm nung joko teyimla kecha mali aser tamakok agi dang meketpanga aküm. Kenü ni kidang kazüa alidang medemer ana aru aser tantsür tambor sentong ka nung ken atentsü asü dang, yangji ao aser shilem agia kanga temoatsü ngua liasü. Saka ano anogo ishika lir külen medemer ka kidangi aru aser kü dang pa meina fasting agitsü asoshi aotsüba asü dang liasü. Ni kanga nungnanga liasü saka pai kanga mepishiba yong aotsü sa aküm. Kodang ni prayer centre nung fasting agia aru kü molungjang nung tejembiba ka aru aser ni joko kü taküm tanü nungibo Khrista asoshi alitsü ta nangzük. Ni joko 2018 nungi Khrista agizüker kanga dang pelaa Pa wadang aser arogo maparen nunga shilem agia arudaki. Tsüngremi kanga dang moatsüdar aser Pa temoatsütem zü dangaka mademer. Tatemsa ni lanur tem dang ya dang ayongzükner. Ne taküm nung Khrista chichiba magizüktetra nai ne tanela tekümtet kodanga mongutettsü. Anungji temolungjang ajak agi Khrista agizükdi ta ayongzüker.

Mathi 6:33 *“Saka tamasa nenoki Tsüngrem yimli aser pa temeshiba bushiang, aser item ajak nenok nem bendenloktsütsü.”*



Ruth Longkumer
Yongküm Fellowship

Blessings in Life

Our blessings in life from God is like that of Water on a stream running endlessly smoothly in everyone’s life. Each of us has the freedom to enjoy life’s blessings but, we need to know that just like the leaf blocking the water to flow smoothly our so called ‘small sin’ blocks us from enjoying the blessing in life. Such so called ‘small sins’ prohibits us to enjoy the fullness of life’s blessings.

There is no big or small sin. Every little action, that is against the Word of God is a sin. As a human living on this earth, we sin! each and every day of our lives knowingly and unknowingly we sin, but if only we identify our sins in life (just like the leaf on the stream) and throw them away by praying, fasting and reading the Word of God, we will obtain true happiness and forgiveness of our sinful nature. We will enjoy life’s greatest blessing when we identify our sins and ask forgiveness from God.

The love of God is so rich we need not doubt to bring our sinful nature In front of Him. He will receive our sinful nature and forgive us. In order to enjoy the blessings in life which comes from our father above, we need to willingly and obediently come before God and ask forgiveness, and without any prejudice He will receive us. May we enjoy blessings in life without any hindrance.

*Water overflowing on a stream,
Pure, crystal clear water,
Refreshing the soul,
Behold! A tiny leaf on the stream,
Disturbing the water for flowing smoothly,
It pains to see the crystal clear water,
Struggling without flowing smoothly,
Only because of a small leaf!*



PLANTARUM SANITATES

Dr. Lanusunep
Deputy Director,
RCFC-NER (NMPB)
Assam Agricultural University, Jorhat

The complexity that comes attached with the word “Disease” is limitless which has persisted with man since time immemorial. He has always explored solutions for each and every disease he’s encountered. He has won many, yet to concede defeat to any (more or less) and thriving to overcome a lot (including the latest Covid-19 pandemic).

Can we, for a moment, reflect on the quote ‘Prevention is better than cure’ which, if applied practically in our day to day life, nullifies a number of diseases. In other words, one of the best and safest options for us to fight a certain disease is to be ahead of it – winning the race before it catches up with us. A major ally in gaining momentum on the race against these diseases has been the plants. A number of medicinal drugs have been harnessed from plants for treatment and cure of many diseases. Here are a few common plants that can aid us in the race against some common diseases:

- *Curcuma longa* (Turmeric): Its rhizome (root) contains a compound called Curcumin, which is a tumour suppressor. It is reported that Indians have relatively lower rate of cancer as compared to other parts of the world. The use of turmeric in most Indian dishes has been found to be a notable reason for this. Curcumin is found to be effective against colon, liver and breast cancer.
- *Zingiber officinale* (Ginger): A vital immune boosting herb. Gingerol compound present in its rhizome has given positive results in treatment for colon

and ovarian cancer. Aerial part of the plant taken as a vegetable also alleviates mental stress.

- **Berries:** Various eatable berries – mulberry, strawberry, blueberry, etc. are rich sources of vitamin A, vitamin C and antioxidants. These antioxidants have anti-cancer properties which prevents tumour formation.
- *Centella asiatica* (Pennywort): *Longsokorok* (in Ao dialect) is a memory boosting herb and stress relaxant which would be highly beneficial for students.
- *Tinospora cordifolia* (Giloy): It is a climber which can be grown on any tree (preferably Neem tree, for its better medicinal property). Bark of the stem has immune-boosting properties which is extremely essential during this present situation (Covid-19). It is also effective for diabetes, high blood pressure and osteoporosis.

Our Creator has been extremely generous to our land that He has bestowed us with a plethora of diverse and rich flora. As written in the Bible, it is our duty to act as stewards of environment and take care of it (**Genesis 2:15**). It is also imperative for the young generation to preserve the knowledge of medicinal plants passed on by the older generations as they have relied, tried, tested and survived on those knowledge before allopathic medicines emerged. With proper research, care and conservation, the solution for many incurable dreaded diseases may lie at our backyard garden.

Plants cures!



Y. Napo Aier
Yinsem Fellowship

Looking up amidst The Lockdown

It was back in the year **2019** that the feeling and promise of a good New Year was not far and many prospects, activities, emotions kept coming to my mind but nothing could prepare anyone of what the year **2020** was going to be like. From the most deadly virus ever known to mankind to forest fires, locust swarms, cyclones, floods and disastrous explosions, just to name a few, infiltrated the world. It looks like **2020** is the year that our ancestors warned us about! (On a lighter note).

From the uncountable loss of lives, job opportunities especially for the daily wage earners, transportation problems, education of the students hampered and the overall economy being affected in such a way that cannot be quantified or justified. It has been a mayhem and such is its nature that the ever extending lockdown was imposed while practicing personal hygiene and social distancing to curb this viral situation that again further added to the misery from a layman's point of view and it almost felt like getting slapped when we were about to breakdown and cry. But as they say that every cloud has a silver lining and our God is a living God so we have to look up to Him, have faith and move on swallowing the pill of our everyday life even if it is bitter to the core. However on the flipside, maybe all these trials serve as a reminder for us to come

closer to God because we are getting disconnected from Him, be it the liberal paradigm, technological advancement or the lifestyle ethic. But despite all these hardships faced during this lockdown, it also has given us so much to look up to from a different perspective. As the famous saying goes "the grass is always greener on the other side," this current pandemic has perhaps given us an opportunity to not peer and compare with the other "greener side" but to accept the reality and try to bring a possibility and make the "grass greener" in our own society. The myriad challenges and hardships faced during this lockdown has definitely prepared and polished us to improvise in the face of uncertainty and changed the outlook on life with a practical perspective. The lockdown has played a great role in controlling the spread of the virus. People are spending more time with their family, loved ones bridging the gap and bonds of the "modern family," discovering their hidden talents and being productive, personal growth, experiencing new ventures like the online classes, sermons, worship, community service and altruism by various Organisations and people individually too proving that Humanity still exists. Furthermore the environmental pollution has also declined due to this lockdown measures which is good and we should be striving more towards it though Dimapur was ranked the 8th position among the dirtiest cities according to a Cleanliness Survey recently. But perhaps one of the eye opening lesson we all should learn is being "humble and realizing that a simple life with basic needs is enough for all of us to sustain our lives" and not take these moments we have for granted. That being said, let us also appreciate the work of the Frontline Workers who are working day and night with very limited equipments when so much is at risk and also do continue to pray for the pandemic to be over soon.

with

Mr. Imnawapang

Meet Mr. Imnawapang Jamir a member and also a former President of DABA YM, currently also serving as an Executive member for the same. He is an honest hardworking entrepreneur. He is a professional photographer, co-owns a restaurant called the Lunchroom, YouTuber, painter (house painting), philanthropist, and also an environmental activist. Shisamolu brings to you an exclusive one on one with him.

1 Shisamolu: Wapang, growing up did you ever think that you would become an entrepreneur? Tell us something about your journey.

Wapang: When I was younger I had wanted to join the armed forces through the SSC, however, as it is with parents in most cases my parents too, especially my mother deterred me from joining the armed forces and persuaded me to continue with my studies. But I quit on the first year of doing my bachelors, lost my way and drifted for sometime before I actually started getting back on track somewhere in my late twenties. I had an interest in photography early on and I think it got rubbed off on me from my late father who was an avid photographer. I clearly remember, during the early 2000 when mobile phones got introduced I started experimenting with the earliest mobile phones that had VGA cameras and eventually with the friend's persuasion, went on to take professional courses from the Apex Institute of photography in Delhi. Additionally I took an online Advanced Professional course from Shaw Academy based in Ireland. I give trainings and acts as a mentor to those interested in learning photography.

The journey to me becoming a restaurant owner is somewhat of an emotional one because I acquired "The Lunchroom" from Lt. Lanutemusu who is a dear friend and a brother. I had never thought of running a restaurant but when I came to know that Lanu intended to sell his restaurant, I decided to buy it from him because of its close association with the Church and its members and because it was a place where the members, especially the youths hung out and even had gatherings there, I felt it in my heart that I should see to it that the same should continue and thankfully it still does. So I took over and I knew very little about running a restaurant

asked my friend Along, who has had experiences in the industry to be my business partner to which he agreed.

2 Shisamolu: Were there any challenges that you had faced whilst setting up the business, if there were any, how did you overcome it?

Wapang: Well, setting up the restaurant wasn't that difficult because it was just the change of ownership and the transition was smooth. However, I did face some difficulties in the photography business mainly because I took some loans for setting up the business, which was difficult to pay back at times. From my experience I would suggest the youngsters to better avoid taking loans unless it is very well planned or thought out. And to overcome any challenge is to not give up, but to keep on trying and that's what I did that time and still continue to do so. Another difficulty was my short temperedness which is still a demon I am fighting with.

3 Shisamolu: Wapang, it is quite a blessing to know that you do philanthropic acts time and again and also you take initiatives to clean certain parts of Dimapur Town. How do you manage all these considering the fact that you have other responsibilities to bear?

Wapang: Here I would like to quote Anne Frank – "No one has ever become poor by giving." Ever since I turned my life around and discovered the love of God, I have this burning desire in me to give back/celebrate the love, the kind of love that made God send His only son so that He would die for our sins. So, the night of every Christmas Eve since 2014 I started going around visiting the Railway station, orphanages, rehab centres with food or clothes as a way of celebrating Jesus Christ's birthday, a very small act comparatively, however, that's the least I can do and it's something which I have pledged to continue till the end. I'm thankful for friends who have come forward to help morally, spiritually and financially in my endeavour.

Being an environmental activist, the sight of plastic being dumped or strewn around everywhere disturbed me so much that I decided to do something

in my own capacity. It started with me collecting plastic in the stadium area and slowly friends started joining. And also we branched out to the town area. However, the work has been put on hold for sometime till the time I can get approved for a fund that which I have applied for to start a plastic recycling unit because the concept of just collecting the garbage and putting it in the landfill defeats the whole purpose as it still harms the environment. So what better way than to recycle the plastic wastes collected and convert it into something useful right?

So yes, even if I have other responsibilities to bear, as long as I have this desire burning in my heart, I can always make time for whatever needs to be done.

4 Shisamolu: Tell us something about the YouTube channel which you recently started. And also, based on your travels what would you like to highlight?

Wapang: It all stemmed from being adventurous and also love for travelling. Mine is an adventure channel called "Skinny Legs" which you will see consists mostly of travelling locally specially in the rural areas, which is mainly because I want to promote tourism in our state because we have a lot of places that which has the potential of attracting tourists. We have a very great potential for tourism so why not project the same to the world. The whole idea is to promote tourism and thereby creating opportunities for our people.

Nagas are very giving and friendly by nature and it is something which I have come across in my travels. Even whilst travelling to the remotest part whenever I sought shelter and food, they happily offered, stranger or not, and in my attempts to pay them for the services offered they would always refuse. And as I mentioned earlier wherein the intention is to create opportunities for the locals, and although it is just one aspect, I try to make them understand the concept of being paid for their services.

Additionally, it is a bit unfortunate that some parts of our state still lack basic hygiene knowledge and the absence of toilets are a testament to that. So whenever and wherever necessary I try to share

“ I can always make time for whatever needs to be done. ”

the importance of setting up toilets which they have taken in good stride as is shown by the phone calls I receive from the villages informing me about how they have set up toilets now.

Even though it's not much and I only started recently, this is something I would like to put my focus on, grow and eventually realise the dream.

I request every Shisamolu readers to like, subscribe and share if you think it is worth after you watch it. The series I am doing now is called "The Great Naga Itinerary."

5 Shisamolu: Thank you so much Wapang for your time. Before we go, is there anything that you want to convey to the Shisamolu readers?

Wapang: We are all aware of the saying, "Jack of all trades, master of none" and I might very well fit into the quote because I have a lot of things going on simultaneously, however, I think it all comes with having an entrepreneurial spirit and ideas keep coming and if you have ideas, you want to give it a shot. However, at the end of the day I choose to do only what is best suited for my interest whether be it for my satisfaction or the lucrativeness of the business and that's how you know where you excel at and succeed. Likewise, I would like to encourage anyone wanting to start anything to just go for it because when you have ideas and the passion there is no stopping, just go for it because without trying, how will you know right? At least you can look back and say you tried instead of regretting years later for not having tried.

If the readers would like to check out Wapang's environmental activities then you can find him on Instagram and Facebook as:

Scavengers_since_2017

Them scavengers





IF THERE IS GOD, WHY THEN IS THERE SUFFERING?

Sentienla Jamir
Merali Fellowship

Life is filled with questions. Be it believers or non believers. We somehow tend to blame it on God for our pains. If there is God then why do I have cancer? If God is all powerful, why did my loved ones have to die? If there is a God, then why do we have all this suffering? We don't know how to deal with issues of pain and suffering, perhaps that is why we are called "Only Human." Here's an illustration, there was a pastor whose wife passed away leaving behind a daughter, at the funeral outside the church, his daughter asked him, "If there is a God and if He knows we pray everyday, why couldn't He save mom?" For a moment the pastor didn't know what to say, then he pointed towards the road and asked her, "Do you see that truck?" "Yes," the daughter replied. "If you were to die from that truck would you like to die by being run over or by the shadow of that truck?" The girl paused for a while and replied, "by the shadow of the truck." You see, God's love is just like that. When he sacrificed his son, he took all the pain away leaving only the shadows behind and it is only if we come to Him, because from Him comes the strength to endure what was left. If he can provide us with all the Goodness, is it very difficult for us to accept a little pain from him? If pain and suffering can be an indication of God's warning for us that something is going wrong, then so be it. Pause and start asking "Are we even worthy of a Miracle?"

John Bunyan's "The Pilgrim's Progress" gives the finest illustration of a Christian's journey where the pilgrim carrying a bag of burden stood there looking and weeping when the "three shining ones" (angels) appear. The first one said "Thy sins are forgiven" (Mark 2:5) the second one took off the pilgrim's ragged clothes and gave him a new one (Zechariah 3:4), the third one put a mark on his forehead (Ephesians 1:13) and gave him a scroll that led him to the celestial city. What more can a Christian ask, where at the sight of the Cross the bag of burden just falls off the pilgrim. If God had put a Goliath in front of us, he must have known that there is a David within us. He will never give us burdens that which we cannot carry.

To You

Limnukla Jamir
Merali Fellowship

To the one who is broken and shattered-
Pray, you will find yourself again
To the one who has lost someone
Don't pause your life
you will meet them again someday.
To the one who is hurting-
Time will heal everything
To the one who is unsure of your scars-
There are signs that you have
overcome pain
To the one who wants to be heard -

Speak, and you will be heard
To the one who fails-
Don't give up, failure is another step to
success.
To the one who hesitates
Try and you will know
It is not the outcome that weighs on you,
But it is 'what if' that will haunt you
Your faith and your choices determine you
Focus in the good in you
Happiness is in you
Keep moving!



Epiphany

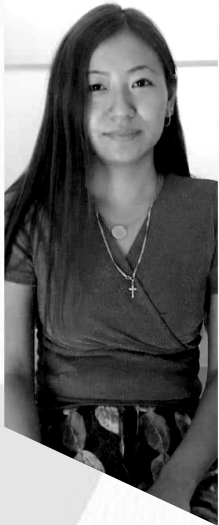
Mejen
Sümedem Fellowship

Adults busy with their schedule
Little ones share a giggle
Birds chirp and hover in glee
A patchwork of joys and worries,
'Twas an abode of utter bliss!

Whilst unawares.
A blanket of darkness engulfs,
All entities put on a hiatus.
Protocols, precautions, politics-
Becoming everyman's breath.

The impending spectre stirring
Questions after questions
With no concrete answers.
How long before it dawns on us-

All it takes is...
To remain in Him and Him in us!



Peace

Sentinaro Changki
Sümedem Fellowship

It was then in the midst of
severest trials
All alike a hostile gasping my life
out-
I raised a 'Hallelujah'
Praising how great you are, O
Lord!
Who can alleviate this sorrow?
Elevates a beam of hope where
no consolation can reach.
"Peace," He said,
Peace, I found in Him.
Awestruck in His Holy Inspiration
An oasis of peace surrounds
this lone soul.



► Keeping Vigil

We all know the story of Noah. This particular narration begins from Genesis 6 and continues till Genesis 9. By the end of the story everything goes back to how it was, and in Genesis 9:20, Noah goes on to becoming a 'husbandman and he planted a vineyard.' The problem with this is, Noah chose to go back to being normal. He became a husbandman, someone who cultivates, a farmer, a person who became a part of the world. The next thing he did after this was, he made wine out of the harvest, got drunk and cursed his son.

Remember, we are at our best when we undertake God's assignments. The moment we say that it's over, it's finally taken care of, we go back to our normal state. Keep in mind what 1 Peter 5:8

Lanutemu
Signal Fellowship



says, the devil is indeed waiting, 'like a roaring Lion looking for someone to devour.' When we let our guard down the devil will take us down.

Think about it, when we are in God's service we keep praying that we succeed. However, when that particular work is over, we go back to our easy-going spiritual life. Taking a break is essential, but it doesn't mean that we should avoid our spiritual food and exercises. Our immunity is at its strongest when we keep taking care of ourselves the right way. May you stay vigilant and always have the 'full armour of God' on you.



Takalong Jamir
Signal Fellowship

► Lanur aser Sobaliba: Ya shisadangang

Tamasa asen DABA lanur züngsem tajung ajak dangi Yisu temeim salem abener. Ni kü shisa yari asenok den tebilemba ka yamai lemsateper.

Asen Ao kin sangertem Chungli Yimti lima longtrok nung poktetter külen Ao lima tesem balalai senshia prokshia liyonga aoba mapang nungi tenzüka sobaliba tajung benshia aru. Angji kodang asenoki otsü-olemtem tsürabur, nisung tain aser kakat balala nungi angazüker idangji asen Aor sobaliba koda metsüngarüta benshia aru asenoki rajema angatetter. Sobaliba ya kin ka mesüra lokti ka nüchi süa merena renloka tejakleni aoba tongti tamendakdak ka lir. Akidang otsüla aser obula nunger mapang nungi sobaliba nung akang-akanga azüita alitsüji ajungshi aser yamaji sayubentsüa aru.

Tanü asenoki reprangdangra, lanurtem aika alima jabujariba nung dang rangloker taküm arishi atemer. Tongtibangsa, asen oshi masü saka temesünger aser tsümar oshi akidang adianu aser tsürabur tsüngda

sensaksema asenoki angur. Iba den saku, asen oshi aser züluzü bongtsü nung kecha tarendaktsü melii zülutsübaji lanur ka shilem aser mapa ta angatetdi.

Shisadangangjo! Tanü asüng tsürabur-ia pei tanur dang sayubentsü tajung magütsüteti lenmang tezübaang tama sür libaliroa sayur. Ibai koda tesasatsü! Shisashirtemi shisatetba agi, lanur kati pei tsürabur yimya noklang nung neter shilem angazüker aser pa taküm piyong aji benshia jajar.

Adianutem, asen sobaliba ya libaliro nung, jayajakotsü aser wainshin ajak tapensa lir. Anungji asenoki sobaliba wazüka ayutsü aser benshi yonga aotsübaji kanga tongtibang ta angatetdi. Yohan ama azümemesenü aseni asen tsürabur, kishikinar aser medemsortem den iba tenüngdakba ya lemsateper nung iba ajanga koma telungjem aser sobaliba wazükla? Alima aienba api sakua alitsübaji kanga tongtibang saka, iba aienbaji asen yimya aser libaliro masü saka asen shisatsüang aien nung kecha rongsen akia malizüktetba temoatsü agitsü.



TSÜNGREM TENZÜKABA NUNG TEMOATSÜ

Yashimongla
Yinsem Fellowship

Küm Ter tejak dang ni house leader ka ama inyaktsü shimba küm youth Inty Sentep Tenzüker Tejen Tasen Melentepba sentong nung Officer-tem stage nung nokdaka angu dang, ni second ishika parnok amaji kenübo kümnüa bilem. Iba sülen tazüngba aser wadang balala nung taküm mazüngi lia aru.

Kecha mebilemi aliba mapang ka nung 2018 küm asen Youth Ministry nung Fellowship Asst. Secretary inyaktsü asüngdanga liasü. Saka ni iba mapang dangaleni aotsü terenemba aliba agi mezüngbo memelungi liasü saka kü temulung nung animesüngzüki Tsüngremi Pa asoshi amshinü dang magizükbaji khuret ama bilem nung ni Pa wadang tenzüksü mulungteta liasü. Küm ter tejak dang ni nükshia reprangba to bo amar lia, Tsüngremi speaker ka ajanga onok leader-tem fellowship ka alidang iba tesüiba mapang to kü nem kanga jangjaa bilemtetdaksü. Iba mapang ni Tsüngrem tenüng sanga liasü aser Pa dang tatoka meshia liasü, kechiaser Tsüngremibo kü temulung nung aginüa bilemba to mamai kü nem maangka agütsü saka nibo amar Pa tenzüksüji maangka masü saka khuret ka ama bilema liasü.

Küm ana Fellowship nung tenzüka arudang Tsüngremi kanga moatsüa aru. Ni iba mapang nung mapa kecha meinyaki liasü saka Pai kodanga kü pocket tazüng meyutsüi dangar medemer mapa tenzükba nung alir den kasa moatsüa liasü. Aser tanü ni kechi mapa inyakdir item ajak nung Tsüngremi moatsüba atema Pa tenüng teti asanger. Ni Tsüngrem tenzüker kibong nungi lir. Kü tsüraburi teti onok dang 'Asenok Tsüngrem tenzükerbo side income-ji nüngsen ako, saka kodang taremsük aser ajemalu agi itemji Pa den lemsatepdir temoatsü lirko,' ta ashiba o kü taküm nunga küm ana tashi tenzük dang ataloka aruogo.

Ni asenok den lemsatepnübaji leader-tem ajak Tsüngremi tajaba balala nung Pa tenzüksü jateta lir. Karbo temulung ila kecha meinyaktettsü ama alitsü akok mesüra ni ama aginüa bilemba Tsüngremi moatsür alitsü akok. Na leader ka asütsü shimtetbaji Tsüngremer nükjidong ka aliba yong aika rongnungi na shimtetba lir. Asenok tenüngteta Pa tenzüksüjibo küm tatakzük ka dang lir anungji tali ajemalua tasü ita bendanga agüja Pa sentong tuluji ataloktsütsü asoshi sarasadema tenzüksü asoshi lemsateper. Tsüngremi asen DABA Youth Ministry maneni moajangma. Amen.

"For I know the thoughts that I think towards you, says the Lord, thoughts of peace and not evil, to give you a future and a hope."

Jeremiah 29:11

FELLOWSHIP OSANG DUNCAN



Tamasa DABAYM Duncan Fellowship ajanga Shisamololu azünger ajak dangi Yisu Khrista temeim salem bener arutsür.

Taküm 2020 asoshi plan asüba sentongtem aika magitetsüsa tensa agi bener arutsüaka, tanü tashi inyaka aruba sentongtem ajak nung tulusang Tsüngremi takok aser temoatsü nung len ania arudagi, Pa tenüng asanger. Sentong agia arubatem kar tongmelang agi yamai lemsateper.

9th Feb: "Who am I" omen nung amendaker Leaders' Orientation sentong agia liasü. Resource person, Mr. Limaakum aser Mr. Joseph Longkumer ajanga Leadership Skills aser leader ka taküm libaliro indang tesayuba agüja liasü. Maneni Miss Moanaro Ozükum ajanga committee balala inyakyim rateta metetdakja liasü.

8th March: "Ayong Tarokleni Zütsük Onang" omen nung amendaker lanur teintet, joko active youth nungi tera pilar alirtemi sentong tajung yanglua temoatsü tulu nung bendanga agia liasü.

12th April: Easter Sunday anepdang Yisu Khrista tasü madak takok ngua shia aruba osang tajung sangdonga lanurtemi Pa shia aruba O tajung (Easter quotes, messages etc.) zülur pei gate aser kima yimdong nung yua sarasadem mapang tajung agia liasü.

5th June: World Environment Day tenüng nung, tanü alima tensa tia repranger alima wazüka ayuba den ano iba tebor tajung ali nung pei sasa züsenteta achitsü lanur ajaki mulongteta sarasadema "Kitchen Garden" inyakba nung shilem agia liasü.

1st - 5th Sept: "Terajemba Dangi" omen nung amendaker lanurtemi Tsüngrem O ano tali rajema metettsü nükjidong nung Self Bible Study cum Online Bible Quiz sentong Habakkuk kaket nungi ayongzüka agia liasü.

Lockdown mapang lanurtem Ministry den tesendaktep nung ayutsü aser tanela nung kati ka ajungshitsü nükjidong nung, hopta shia Hombar anepdang Duncan Youth Ministry WhatsApp Group nung Committee balalai melentepa Weekly Bible passage lemsatepa arudar.

Fellowship nung sarasadem committee (Commission-te-Prayer) ajanga mapang ajak nung tensa dak apet sarasadem sentong yanglua agia aruba den ano ita shia tanabuba Deobar nung iba committee ajanga Leaders' Prayer Fellowship achayanga agia arudar.

Küm tetenzük nungi tanü tashi Tsüngrem taochi tulu nung DABA YM Duncan Fellowship anir arudagi, ano anünga aliba mapangtem aser sentongtem takok ngua aotsü asoshi maneni sarasadema atar.

Tsüngremi DABA Youth Ministry maneni moajangma.



FELLOWSHIP OSANG LUNG MEN

Taküm küm kanga dang meyimlaba mapang ka nung aoksa wara koba Coronavirus agi alima ajunga timtimba mapang ka ajurua arudaki aser nisung meimchir asoshi TANSÜTSÜ otsü la lir. Aki mapang nunga alima waraji odang arua liasü saka alima tesem kar kar nung dang aruba dak alaka alima rangben nungbo ajurua maru südi.

22nd March 2020 Deobar anogo ka liasü aser asen Prime Minister-i iba anogo asoshi JANATA CURFEW (pei sasa mokdakba) osang sangdong, kanga dang tesasatsü aser takoksatsü osang, taküm nung tekülem kidangi oa mekülemtetsüsa asübaji iba anogo liasü. Ano 23rd March 2020 nikongdang Prime Minister-i sa wara nokdangtsü aser prokshia maotsü mechi 24th March 2020 nungi lockdown sangdonga tanü tashi shishilembar dokantem lapoka-ka tekülem sentepbo melapokteti arudaki.

Lanur shia iba wara lendong mokdakba mapang pei ajangshibatem zülutena shiti belenteptsü asoshi LETTER WRITING MINISTRY ayongzuka liasü. Shiti züludenba nung kari pei tazungba nung tajangzük meli takoksa anguba sasa zülu, kari pei tsürabur aser adianutem den tali lungjemshiba indang zülu, ano kari Tsüngrem den tali lungjemshia tanela tajangzük anguba indang zülu. Item shitem zülua melentepba ajanga Lungmen lanur jenti pei dak atalokba ajurua aruba SHISATOKDEN MUNG DANG tulu akar ama tajangzük tulu aketba kuli tajung lemsateper.

Wara tashidak ya asen tebang nungi adokba mettsü aser teni nungi aluba neptzü ajanga tashidak kanga yakta menatepa aoer ta asü nung item nungi kümzuka alitsü mechi Lungmen yimdong nung anogoshia shishilembar aser asenok nüngdak ajak nung bener jajaba Auto rickshaw drivertem nem Masks aser Hand sanitizers lemja "DABA YM LUNG MEN CARE MINISTRY" mapa inyaka liasü.

Tsüngremi DABA YM Shisamolu azünger ajak maneni moajang.



FELLOWSHIP OSANG MERALI

Tamasa tenüngsang aser tetushi ajak Tsüngrem nem agütsüa Shisamololu Kaket azünger ajak dangi DABA YM Merali Fellowship ajanga Yisu Khrista temeim salem abener.

Taküm küm Omen “Tesendaktep ajanga taneptsü” Puti. 7:14 nung amendaker tang tashi lanurtemi pandemic mapang süaka takok tashi asameyanga temoatsü agiba osang tatsü agi yamai lemsateper.

- Küm tenzüker 9th Feb. 2020 anogo nung lenirtem mezüngbuba sentep sentong Tsüngrem metetba nung rena mapa tajung nung tejang tanga aser ajak nung Kibuba temulung chidakja temsüa jajatsü asoshi sarasadema liasü.
- Leadership Retreat, theme: “Rooted in Him” (Colossians 2:7) nung amendaker speaker Kr. Moasenla Aier ajanga lanurtem dang Tsüngrem dak tera yanga tamang nung



akanga Tsüngrem tenüng sanga aliba taküm asütsü ajungshia lanurtem kanga temoatsü ngua monga liasü.

- Easter Sunrise Service lanurtem pei kidang anepdang 6:00 am-7:00 am Laishiba letters of Paul to Romans chapter 4 & 5 nung amendaker Yisu shia aruba tepela tenüngsang agüja sarasadem mapang agia liasü.
- Christmas in Summer, theme: “Love, Joy & Peace” nung amendaker Yisu asoba bilemteta temeim, tepela, aser yimjung lemsatepa Eden Hospital nurses and helpers nem chiyongtsü tapu balala bener semdanga telungjem sarasadem mapang agia liasü. Ano iba den külemi Merali Fellowship telongtet nung teyari nüngdakba kibong 15 shimteter rice, potato aser egg agüja semdanga Yisu temeim lemsatepa telungjem sarasadem agia liasü.
- Bible Study Session I, II & III Tsüngrem O Ephesians nung amendaker Dr. Lulen Jamir ajanga anogo asem nü online nung lanurtem dang Laishiba O tarok sayua lanurtem tangazükba aika den temoatsü ngua agia liasü.
- Prayer Fellowship ita shia mezüngbuba Resemnü (Wednesday) aonung online ajanga lanurtem lungjemer Tsüngrem nungi temoatsü ngua agia arudaki.

Tatamsa, Tsüngrem O Ibri 10:24-25 nung “Aser temeim aser mapa tajung dangi jangratsü asoshi, asenoki kati ka den shisadangtepa ajungshitepdi” ta shia aliba ama ano anünga aliba anogotem asoshi Tsüngrem dang teyari aser leniba asüngdanga Pa wadang asoshi telungjem aser temeim nung kati ka asoshi maneni sarasadema jajadi ta ozü fellowship ajanga ayongzüker.

Tulusang Tsüngremi DABA Youth Ministry tali moajangma.

FELLOWSHIP OSANG SÜMEDEM



Tamasa DABA YM Sümedem Fellowship ajanga Shisamolu azünger ajak dangi Yisu Khrista temeim salem abener. Taküm küm 2020 DABA YM Sümedem Fellowship Tsüngremer temeim aser temoatsü nung len ania arudagi. Sentongtem kar agiyonga aruba yamai lemsateper:

1. **8th March 2020:** Iba anogo Combine House Leaders Special among. O jembir – Mr. Nuklu Longkumer liasü. Omen: Bound together (Clothed in Christ)
2. **12th April 2020:** Iba anogo Easter Sunday tenüng nung Youth Evangelist aser Office Bearer-temi timtemer kibong kar semdanga sarasadem telungjem mapang agia liasü.
3. **5th June 2020:** Iba anogo World Environment Day tenüng nung lenirtemi anir Lengrijan Community Hall temeket tem nung süngdong tema liasü.
4. **12th July 2020:** Iba anogo Literary Day monga liasü. Tetoktepba balala via digital media ajanga agia liasü.



Küm tenzüker tang tashi Tsüngremer taochi ajanga ozü Sümedem Youth Ministry takok ngua arudar. Ano anünga aliba sentongtem ajak nung temoatsü ngua aotsü sarasadem nung bilemtetdaksüner. Tsüngremi DABA YM maneni mojangma.

FELLOWSHIP OSANG TOWN



Tamasa Shisamolu azünger ajak dangi Yisu Khrista temeim salem DABAYM Town Fellowship ajanga abener.

- **29th February 2020**, "Lenir züngkhüm sushi," Advisor aser Youth Evangelist-i anir lanur 20 (metsü) Universal Prayer Center-i yia agia liasü. Wb. Toshi longkumer Asso. Pastor, DABA ajanga lenirtem koma liba lirutsü aser lenitsü ajungshia liasü.
- **29th March 2020**, Wb. Wati T. Longchar, Youth Evangelist YouTube ajanga Yeroboam otsü ajanga Youth ajak temoatsü aser liyonga aotsü ajungshia liasü.
- **6th - 12th April 2020**, Passion Week atema lanurtem ajak atema Wb. Wati T. Longchar, Youth Evangelist-i hopta piyong atema onük balala aser sarasadem onük balala agüja liasü.
- **8th - 11th September 2020**, Literary Week sentong agia liasü. Iba sentong nung lanürtemi tetoktepba balala, Mobile Photography, Painting, Prepared Speech, Story Writing aser Video Advertisement nung shilem agia liasü.

FELLOWSHIP OSANG SIGNAL



DABA YM Signal Fellowship ajanga Yisü Khrista temeim salem Shisamolu azünger ajak dangi abener. Taküm küm omen **“Ajak agi Tsüngrem sentsüwangshidakjang”** 1 Peter 4:11 nung amendaker sarasadema sentongtem renema liasü. Saka Covid-19 ajanga sentongtem magitetsüsa aküm nung, tensa den apet Contextual Ministry aser online ajanga sentongtem kar agia liasü. Sentong agia arubatem yamai lemsateper.

International Women’s Day: “I am generation equality” omen nung amendaker DABA Signal Fellowship Associate Pastor kinungsü aser Deacon asem (3) kinungsütem semdanga, sarasadem aser tajungshi o lemsatepa liasü.

Easter Sunday: Yisü sür shia aruba tepela temaitsü lemsatepba, Anugrah Nagamese Baptist Church, Signal Angami Village züngsem parnok kibong semer (30) nem entsü set kaka agütsüa semdang aser parnok den sarasadem mapang agia liasü.

Lockdown Contextual Ministry: Lockdown ajanga timtema aliba lanur parnok 14 nem jang (rice) aser entsü (egg) bener oa semdanga, parnok asoshi sarasademtsüa liasü.

Mother’s Day: Ojalatem anogo nung lanurtemi Signal Fellowship tenzüklatem parnok 12 semdanga Laishiba kaka agütsü aser parnok asoshi sarasademtsüa liasü.



Father’s Day: Iba anogo nung lanurtemi obalatem küm 80 tema alir parnok 20 semdang aser parnok temang nung tashi aittsü chiyongtsü kar agüja liasü.

ABAM Youth Sunday: Iba anogo nung Fellowship Officers aser Youth Evangelist ‘Covid-care Centre’ Signal Angami Village semdanga liasü aser quarantine nung alir lanurtem den Tsüngrem O lemsatepa liasü.

EXPOSURE: ‘EXPOSURE–I & II’ Facebook Live ajanga agia liasü. Lanurtem Category balala i.e, Photography, Bible Recitation, Solo, Prepared Speech aser Painting nung toktepa liasü.

PRAYER CELL: July ita nungi tenzüka Prayer Cell Google Meet ajanga temoatsüba nung agia arudagi.

MY ODYSSEY 2: August ita nung “MY ODYSSEY 2,” Video Series tenzüka aser item videos tem WhatsApp groups aser Fellowship Facebook group ajanga lanurtem den lemsatep. Resource person parnok pezü liasü. Parnok taküm kuli aser mapa balala inyakba ajanga lanurtem ayongzüka liasü.

1. Mr. Rongsenwati Jamir, Frontline worker & former President DABA YM Signal Fellowship.
2. Mrs. Alemkala, Missionary, Indo-Bhutan
3. Dr. Imlikumba, Medical Officer (Ayurveda)
4. Ms. Tasensola Imsong, Baker, Hope Café.

Suicide Prevention Day: September 10 nü WHO-i ayongba World Suicide Prevention amongnü Youth Evangelist Miss Temsurenla Pongener ajanga “Awareness on suicide Prevention” indang video ka lanurtem den WhatsApp aser Facebook ajanga lemsaa liasü.

Tsüngrem taochi ajanga sentong agiba ajak temoatsüba nung agia arudagi. Ano anünga aliba sentongtem takokba nung agitsü maneni sarasadem nung yaridaktsüner.

Tsüngremi asen DABA YM maneni mojangma. AMEN.



FELLOWSHIP OSANG YINSEM

Tamasa DABA YM Yinsem Fellowship ajanga Shisamolu azünger ajak dangi Yisu Khrista temeim salem abener.

Taküm küm sarasadema tenzükba ama, tensa tia balala aika ajuruaka, Tsüngremi tang tashi temoatsü nung len ania arudagi. Temoatsü ngua inyakba maparen kar yamai lemsateper.

1. 8th March 2020 nung ozü Fellowship Lenirtem asoshi 'Leaders' Orientation' Sentong ka agia liasü, iba sentong nung speaker-temji, Advisor-cum-Treasurer-i anir senior Leaders tem liasü, aser parnoki lenisüba shilem balala inyakyim sayuba den külemi pei ajangshibatem (experiences) ajanga sayutsüngi O lemsatepba ajanga lenirtem temoatsü ngua liasü.
2. 10th May 2020 'Mothers' Day' anogo nung ozü Fellowship lenirtemi, ojala tantsütila (küm 100) semdanga sarasadem ka agüja liasü. Aser maneni lanurtemi ken ka ajanga ojalatem nem tetushi agüja Social Media ajanga lemsatepa liasü.
3. 5th June 2020 'World Environment Day' anogo nung ozü Fellowship lanurtem social work inyaka sentep ki, metsü meshidak aser sentep kima naro pot tem merüka inyaka liasü.



4. 21st June 2020 'Fathers' Day' anogo nung ozü Fellowship lenirtemi, obala tambusang (küm 97) semdanga sarasadem ka agüja liasü. Aser maneni lanurtemi ken ka ajanga obalatem nem tetushi agüja Social Media ajanga lemsatepa liasü.
5. Contextual Ministry dak amendaker ozü Fellowship-i inyakbatem:
 - 6th July-31st July 2020 nung tang tensa aliba mapang wara (Covid-19) buluba dak apet, timtemer mesüra shiranga, mozü alii mouteterem, lanurtemi nübu angati tenla agüja mozü alii otsüa oda nüngdakbapurtem den yaritepa liasü.
 - 20th August 2020 nung Fellowship calendar nung alir lenir kar nem teyari agüja liasü.
 - 5th September 2020 nung Fellowship Sentep Ki Black Chart paper agi mapang aser ano Wifi connection enoka liasü.
6. 6th September 2020 nung Fellowship Online Youth Revival agia liasü. Iba revival nung speaker Rev. Kilang Jamir liasü. Aser iba Revival nung lanurtem aika temoatsü angubatem lemsatepa liasü.
Tsüngremi DABA YM maneni moajangma.



FELLOWSHIP OSANG YONGKÜM



Tamasa Yisu Khrista temeim salem DABA YM Yongküm Fellowship ajanga ajak dangi abener. 2020 küm tenokdangba (pandemic) ajanga sentongtem ajak magitetaka inyaka aruba kar yamai lemsatepner.

1. 12th April 2020, tensa mapang agi memela nung Easter Sunday bilemba ama momongtet aji süaka akokba yari Easter Sunday tenüng nung Home Quarantine amonger kibongtem semdanga liasü.
2. 5th June 2020, World Environment Day anogo nü Tenla ki aser Temeküt merekteta liasü. Aser iba den külemi tenla ki kimong tasenba meketa südongtem tema liasü.
3. September 2020, ita nung "Ayongküm Süngdong" omen nung amendaker "Literary Day" online nungi monga liasü. Iba "Literary Day" nung shilemtem yamai agia liasü:
 - (i) Essay Writing
 - (ii) Sangro
 - (iii) Prepared Speech
 - (iv) Sketching

Taküm küm sentongtem ajak magitetyonga Tsüngremer temoatsü ajanga sentongtem kar tajungtiba nung agia arudar. Iba asoshi Tsüngrem nem tenüngsang tulu agütsür, ano anünga aliba sentongtem tajungtiba nung agia aotsü asoshi sarasadem nung nungitdaksüner.

Tsüngremi asen DABA Youth Ministry tali moajang.



Tenzüker Melentepba Sentong



Next Gen. Leadership Youth Training, ABAM



Football Match with Teammate



Mentoring the Leaders (MtheL)



Football Match with Teintet Lanur





—ASEN TAKÜM—
**MEYIPA
 REPRANGSHIDI**

Rongsentemjen Ao
 Duncan Fellowship

emeim adianutem, ne taküm koba tia ka nung jajadar bilemdangang. Alima shi jangraba tapu balala nung nü shisatsü tener jajadar asü? Tsüngremi agütsüba sempet tajung ajanga Kibubar yimli bushia, kuli süa, Tsüngrem sentsüwangshidaktsüdar ma? Na alima konang tashi nung nokdaker asü, Tsüngremer tashi ain nung nokdaker? Na shisabulu khuret agi neneter, timtim tuoshi mapang aser shirang yipden nung mejanger, taneptsü nüngdaka alidang, nai teyanglur Tsüngrem bilemtetba ama, anogoshia Pai moatsüba nung tenüngsang agütsütsü asoshi, nai asen teyanglur bilemtetdar ma? Nai nü tenük agi anguba nung dang tamang akar asü, asen nük agi manguba tematiba Kibur dak tamang kaa jenoka alitsü meranger. Nai ochi mashi leman nung pei ashioktsüa, tashiyim lenman nung dang jajar asü, Tsüngrem akümtsübu a ochi nung nai alima tenzüka alir. Aser nai angati anguba nung dang shilem agir asü, asentsü sena nübu mapang endoka aatetba nung shilem agir? Ne taküm nung Khrista jakla yimya nung liro medema, liteta sayutettar ma? Ne tamang jenjang koba tashi nung lir? Na Kibubar tsüngsü nung shidak jajadar ma? Laishiba O nungi Efesa 5:15-16, “Anungji nenok koda jajar kümdanga reprangang, shisa makaba ama masü, saka shisa akaba ama jajang, mapang tajung ajak alangzükang, kechiyong anogotem tamajung lir.” Asenoki mapang tajungji alangzüktsü merangdi, kechiaser asen taküm yamai dangbo teti malitsü, asen tanela taküm jenjang merenemi züzüa lira, memetetba mapang ka nung Tsüngremi ne milendongji agienra, koda takoksa asütsü, asen akümüli lima nung tatsüka alidang, tesamaba tia mesüi, teti tatem makaba kodak yimli ajangzükttettsüsa, asen taküm anogoshia meita reprangshia lidi.

Amen.



Sanen Jamir
 Convenor, DABA YM Worship Team

Music is loved by all. It accompanies us in different situations of our lives. Most Music, apart from worship songs, flashes us back to memories which might not always be pleasant. While some music might just make us high for a moment. In my personal experience of listening to worship songs for almost a decade now, is a completely unique experience. It gives hope in times of hopelessness. During good times, it leads us to praise. This is a challenge for you. Taste and see the power of Praise and Worship music!

Biblical Perspective on LGBTQ

Dr. Martemjen
Duncan Fellowship



I was born a Christian and I am a lesbian" replied Ella*, a recipient of many International awards including the Dalai Lama unsung hero award. I was not comfortable with my body ever since I was small and finally I mustered up the courage to go under the blade echoed Marsh* who is a transgender. While, Jerry* a fully grown man replied "I am just drawn towards men and I miss my husband." These are few accounts out of many that I've come across from Lesbian Gay Bisexual Transgender Queer (LGBTQ) community over the years from different parts of the globe. Study shows that among LGBTQ community, some are born the way they are, some are influenced by their environment, some choose by themselves and some try it out of curiosity.

Science contradicts Bible and vice versa but LGBTQ contradicts both. Through centuries science have claimed and believed that a human being has either XX or XY chromosome. As such, there is no homo gene unless they invent a new chromosome. Those who say that there are homo genes

are themselves arguing with their own basic foundation upon which their idea is based. The biological purpose of a male and a female is to reproduce. The natural, physiological, biological, genetical, biblical law or purpose of sex is to reproduce. This is the reason why sex outside of marriage is prohibited in the Bible. Marriage

is exclusively between a man and a woman and for that cause God created a man and a woman. Reproduction occurs only between a male and a female. With the advancement of science and technology this purpose is being challenged and has begun to question this ultimate truth of life.

**Science
contradicts Bible
and vice versa but
LGBTQ contradicts
both.**

To understand LGBTQ from biblical perspective, we first need to understand that we are living in a fallen world (society) with fallen nature amongst fallen beings where evil has the freedom to intervene in every aspect of our life from birth to death though God does not allow him to have full dominion over His creations. And yes, Satan can even bless us and curse us.

LGBTQ has assumed a central place amongst many other contemporary global issues. It has taken by storm everything that comes its way and is now threatening our belief system. When the US government legalized the same sex marriage (on 26th June, 2015), Pastor John Hagee boldly said, "This ruling has made America the new Sodom and Gomorrah, God will have to judge America like Sodom and Gomorrah or He'll have to apologize to Sodom and Gomorrah." Humanity has destroyed the gift of motherhood by legalizing abortion and has now destroyed the gift of family (the foundation of society) by legalizing LGBTQ. The Bible clearly says in Leviticus 18:22 and 20:13 "do not lie with a man as one lies with a woman." The sexual perversion of the people of Sodom and Gomorrah was so extreme that they even demanded to have sex with angels (Genesis 19:5). As such they had to face the consequences. It is further expressed in Romans 1:24-26. The truth is, "It is a sin to make love with the same sex" and the Bible is clear about it.

Again, to go under the knife to change one's sex is a revolt against God's will. It is literally

Again, to go under the knife to change one's sex is a revolt against God's will. It is literally the end of your existence in the way that God designed you.

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the end of your existence in the way that God designed you. It is telling God that you've made a mistake by creating me as a male and not female or vice versa. What greater sin can we commit than to accuse God of His will in declaring "I am not who I actually am." It is not biblical to change one's sex. It is a kind of personal suicide.

Often LGBTQ's argues that as Christians we should be more tolerant, shouldn't judge, should love, should not contempt etc., because all are sinners and are equally loved by God no matter what and who we are. But it is not judgmental or intolerant to call a sin "sin." In fact, to see evil and not call evil is evil.

In a society or land like ours (Nagaland), it is still a thing that happens mostly behind closed doors, with social stigma attached to it (though few have come out openly). It is a time bomb waiting to explode anytime. Thus, it is important that we understand their issue beforehand and spread love and awareness rather than discriminating and victimizing them. The Word of God alone can transform lives, so may we act as a tool to spread the message of love, truth and hope irrespective of who he/she is and diligently continue to seek His wisdom and guidance as we wrestle to overcome the world through Christ and for Christ.

(*name changed for privacy reasons. This article is not meant to offend anyone, ultimately the choice is yours).

ave you ever been into observing things and people around? What have you observed or have been observing lately? The present pandemic has affected immensely the people and the world. It is a total upheaval, so to mention! People's thoughts, mind-sets, outlook and goals have changed and I'm indisputable that we all have been sensing this. At such a time as this, looking up to bringing something innovative isn't hard; we push ourselves to it, we nail it! What must we do and how do we begin to find ourselves within? In simple words, we Explore, Discover and Utilize...

EXPLORE

I believe all of us must have little or more experience in adventures. We do the most risky and daring things, but we do it because we want to taste it and feel it and experience it; the result is, "good" and "bad" experience. Likewise, our life is full of adventures and there are lot more to explore within ourselves. Therefore, the best way to exploring ourselves is to give our *heart* to seek and to search out by *wisdom*; the wisdom from God (Ecclesiastes 1:13). Our adventure may be risky, sometimes discouraging and difficult but breaking through is possible only through the Wisdom of God.

DISCOVER

Exploring will eventually lead to discovery; discovery of what is called "oneself," and within oneself, "passion" and the ability to accomplish which will eventually make one to set a goal in life. The Bible tells us that we are all born with distinct talents and gifts that set us apart from each other. Everything has been programmed by God in advance (Ephesians 2:10). It is our work to prayerfully discover and unlock those programmes. Upon unlocking, we will find varieties of gifts according to our abilities which will glorify God (1 Corinthians 12:4-6).

“ God made us for a purpose and He wants us to fulfil it.”

LOOKING UP AMIDST LOCKDOWN



Yartenba Ao
Yinsem Fellowship

UTILIZE

Discovering "oneself" – our talents, abilities, works, is indeed a great joy to experience. The only thing we need to do is to utilize our talents. Just like the flame of a candle that goes off inside a glass without air, our talents remain stagnant when we don't utilize them. Let us try to be like the first and the second person in the Parable of the Talents by utilizing our talents and making it more productive (Matthew 25:14-18). It is us who needs to nurture one's talents. The passion in us should be kept running which will eventually bear successful results in our lives.

There is one big problem which drags us to hold back ourselves and just do nothing. The problem is the word "laziness." There is a proverb which says, *An Idle Man is a Devil's Workshop*. When we don't push ourselves towards exploring, discovering and utilizing, we unintentionally invites the devil to device his own plans and actions leading us to fall back and become a slave of the devil. God made us for a purpose and He wants us to fulfil it. We are not just to remain idle and just think and imagine things. Let us explore within, discover and unlock the chest and seize the precious treasures during this lockdown. God bless!

Ajermaluba Tajangzük

Jungshi Tzudir
Sümedem Fellowship

Dangar den tesendaktep nung pei sasa tila akümba mesüra tangatetba tejangja aliba aser pei sasa peii akhümtsübua aliba dang ajermaluba ta ajatsü akok. Yangji ne tashi metetba aser dangar tejangraba, tashi aser tangatetba agizüktetba dena lir. Aikati ajermaluba ya dangar dang jenjang teküpoktiba nung alir ama bilemer. Ajemalutsü atema pei sasa pei angatettsüla, pei sasa pei azüoktsüla, aser pei sasa pei akhumtsübua meimtsüla. Lenir tajung ka asütsü atema ajermaluba yimya ya kanga tongtibang lir. Ajermaluba nung yimya aika meyoktepa lir aser itemji ajanga na nüburtem den sendakteper aser parnoki na akhümtsübutsü. Tanü asüng lima nung asenoki CEO mesüra Manager tem ya ang lenir ama züngshir, saka shibai pei aser pei meküta alir atema taküm azüokteta tajungba kümdaktsür, itemji ang lenir ka ama züngshitsüla. Ajermaluba leniri teti pei dak aketba tashi aser tashi mait angateter aser dangar nungi shisatsü agir. Yamaji asüba ajanga parnoki dangar dang nungi tali angazüker, shisatsü nung ainer aser pei tashi mait agi tashi ita kümdaktsür. Kasa mapang parnoki parnok sasa khuret bentettsü merangtsü melena dangar indang tashi amshiteter. Yamaji junga inyakba mapang pa sülen anidakertemi ajermaluba lenir nungi yimyatem angazüka tajungtiba nung inyaker. Kodang lenir ka ajemaludir, pai nübur züngshir aser nübur asoshi aria bilema inyaker. Nüngdakba mapangbo leniri nübur den sensaksemer aser parnok shisa agir. Ajemalu melira tajung dangi melenshitsü memolunger aser kodang tajungba küma memelenshir, idangji nüburi laka atoker. Ajermaluba ya pei sasa pei den aser dangar den ochishia litetba dang ajar. Mathi 18 nunga Yisui nütsüngtem dang,



'Shibai tila tanur ama pei sasa ajemaludir, pa kotak yimli nung tulutiba asütsü,' ta ashiba zülua angutsü. Asenok tain akümba den külemi dangar dang nungi asen tongtibang masüba ama züngshitsü ya tasakba akumer. Ajermaluba ajanga asen taküm nung mangatettep aser tetsükdaktsütem ajanjteter aser iba yongji asen taküm aser pei wadang nung tensa tajungba kümdaktsür. Kasaji mit majungeri nisungtem aridoker aser ajemaluri parnok anasatibai anir arur. Na tekümdang/teyakyak, takoker, soru tajung ka süaka ne dak mezümeküm lira nüburi na mesaklochtsü. Ajermaluba agi asen taküm nung takoksa malir, saka na mezümekümra ne mapang nung ne sentsü aremstsü!

Tamasa ajak den Yisu Khrista temeim salem lemsateper. Tanü ni iba jenjang tashi adongba ya ni ajungba agi masü saka Yisu Khrista temeim uluba agi lir. Ni Yisu den chichiba aser temulung ajak agi jajatsü 2012 küm nungi tenzük. Ni Tsüngrem meteta aruba ya kuli asem ajanga lir. Onok adianu pezü lir ni tasembuba lir. Onok lanuwa nungi kütsüi onok asoshi teti sarasademja liasü aser la sarasadem ajanga onok pezü taküm jenjang tajungtiba nung lir. Kü taküm nung Tsüngremer sentong ka liasü aser ibaji kübu ajanga ni Tsüngremer temeim tali angateta aru. Kübu ya yilar ka lir. Anogoshia kidangi yi jemer arur aser aiben rarapangsena liasü anungji teti ni kübu asoshi Tsüngrem dang apudaka sarasadema liasü. Item khuretttem abenba ajanga ni Tsüngrem den tesendaktep tajungba aser Pa anasa tali oa liasü. Ano maneni kütsü tamang sarasadem kanga

TAKÜM KULI

Bendangienla Aier
Yinsem Fellowship

tulu liasü anungji anepdang aonung shi lai onok asoshi sarasademja liasü, talisa onok tanurtem mejanga alidang lai onok asoshi bendanga agüja sarasademtsüba aser tanurtem rong nungi katibosa Tsüngrem tenzüksü asoshi lai sarasadem nung bena laisü. Tsüngremi kütsüi sarasademba langzü aser tanü ni Pa tenzükba wadang nung nokdaka lir. Kü taküm nung Theology zünger Tsüngrem tenzüksü ta asübaji kodanga molungia marui liasü. Saka Tsüngrem taochi agi Pa tenzüktsu asoshi ni jateta liasü. Ni Tsüngrem dang tama meim masü saka Tsüngremi ni tama meim nungji Pai ni shimtet aser Pa tenzüktsü asoshi maongka agütsü anungji tanü Pa tenzükba wadang



nung ni pelaseta noktaka lir. Taküm nung tensa tia balala ajak nung Tsüngremi kümzüka len anir aser ni jangja metet, Tsüngrem kü den ali nungji kechi tensa arudir aruaka Pa taochi ni asoshi teperi lir. Amen.



THE INDESCRIBABLE GIFT | Jentysangla Changkiri Duncan Fellowship

2 Corinthians 9: 15, "Thanks be to God for His indescribable gift."

August 12, 2019, a day I would not easily forget. I woke up to the excruciating pain in my abdomen. Something like a dagger into my stomach, the pain was horribly unbearable. I struggled to call for help but somehow, I managed to. I was lying down on the floor tossing left and right in pain and just praying to God to let this pain go away. At that time it was just me and my elder brother who was at home. So my brother called our aunt. One thing led to another and I found myself in a hospital emergency response room. They ran several tests on me. After the result was out, the doctor called my aunt and my brother over to ask them if it was my first time taking an ultrasound.

It was my first time. And so the doctor went on saying that my appendix was inflamed and that was the reason why I was having the pain. And the other thing that he said was that my left kidney was not visualized. It meant that I was born with only one kidney, a condition called renal agenesis. However, this didn't stop me from leading a normal life. To this day, I haven't faced any major health issues and I never have, by the grace of God. Ever since that day, I tell people how amazing and indescribable this feeling and this gift is. I don't have any complains instead I always thank Him for this gift. It is a weird yet unique gift that I am blessed with. Be thankful to God for everything that you have. No matter how normal or unusual your gift is.

God bless you all.

unlearning and Relearning: The Art of Living

Takosunep Jamir
Merali Fellowship



new lessons; lessons needed to understand and gain new perspectives. In the pursuit of relying on our existing acquired knowledge, we end up appearing as an empty vessel making loud noises as we rely on what we already know which may just be a one sided perspective.

There is a huge difference between an empty vessel and an ignorant. Usually the ignorant is keener to learn what they are not aware of. Whereas, the empty vessel is one who is stubborn to the limitations of his knowledge.

Learning has always been an integral part of our growth and development; from being an infant to transitioning into an adult. One of the most prominent quotes also supports that 'we die learning.' Despite that, we are well aware that it is utterly impossible to adapt to the ever changing lifestyles or acquire every knowledge. Our brain too might not be able to store this much diverse information. So we often address the learning process according to how the situation demands. Universally, we are expected to act as an adult in our conduct and behaviour once we are considered mature enough. But how old should one be to be considered mature?

While constructing a house, we buy and gather resources needed to make our home more cozy, beautiful and livable. Once it is completed, we move in and usually tidy it often to keep it clean and tidy. We also make proper usage of the drainage system attached to the house to drain our waste too. Using this analogy one should understand that every little past experience has helped us become the person that we are today but sometimes, we forget to drain out the unnecessary information not required any longer. Our past experiences are considered to be our teacher and we rely on its concrete foundation while tackling day to day problems. Nevertheless, we often fail to recognize that every new day offers

“...we often fail to recognize that every new day offers new lessons; lessons needed to understand and gain new perspectives.

More often, we tend to assume and judge someone based on their opinion and in many cases, we are often taken aback when we are introduced to a different side in contrast to the preconceived image. This is because we often rely on seeing things through the lens of other people's opinions and perceptions. Perhaps, we should remind ourselves that it is acceptable to be ignorant as long as we are willing to make it our responsibility to explore what life is offering. Personal experiences have always been the best teacher and this can be carried out only if we are open to unlearn certain thoughts and perceptions and create space to re-learn all over. That way, we might find more essence in our everyday life.

CHARITY

A Little Piece of Heaven

Temsurenla Pongener
Youth Evangelist, Signal Fellowship



"You have never really lived until you have done something for someone who can never repay you" - **John Bunyan**

Charity is an act of kindness to a cause or person in need which comes in many forms including monetary donation, volunteering, service, time, knowledge, skills, encouragement or providing clothes and food for those less privileged.

Spiritual Science says we need to place more importance on the inner intent (cause) than on the action (effect) of giving to charity i.e. the one who donates willingly and happily reaps more benefits than the one who donates under pressure or with the expectation of return. *Your intention should be to lessen the other person's misery, not to gain fame or fortune.*

In the Bible charity can mean one of two things. First, it can mean love. Second, charity can refer to the act of giving to others. "But when you give to the needy (Act of Love), do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you." (Matthew 6:3-4) *for charity is not something recorded here on earth but it is something recorded in heaven and God will reward us in secret.*

Psychological study states that if you are always quick to give to others who are in need without thinking about what you might receive in return, your acts of kindness are helping to make the world a better place. But, what you might not realize is that the positive effects of charitable giving can extend beyond your mental health and enhances your physical health, too. *People who give charity are -*

- Positive life and likely live longer.
- Relieves stress, blood pressure and depression.
- Promotes Social awareness among kids and teens.
- Eradicate Social Disparity.
- Build confidence and also gives strong Will Power.
- Improves mood and mental health.
- Makes one religiously satisfied, as every religion talks about helping people.

Amidst Pandemic human kind has escalated the real sense of charity. The world as a whole has one cause and that is to fight the disease and help the least privileged to cope with the circumstances. The Nations, Government, the Church, the Society, the Clans, the Kins, the neighbors, the family and individuals, everyone was seeking out to help one another and doing charity in their own capacity. People donated without the expectation in return and purely with the intention to lessen the misery of the people. In doing so God's love was manifested and the act brought positive impact both mentally, spiritually and physically. **I believe** the moment you know that your little deed of charity has brought a smile to someone's face is the moment you have achieved that peace of mind which you truly desire from the bottom

of your heart. This is where we create the little piece of heaven for both the **giver** and the **receiver**.

Remember... Charity is the highest form of **LOVE**, signifying the reciprocal love between God and human that is made manifest in unselfish love of one's fellow human. The good news is that **charity is contagious**. The more we stretch out our hand to help people the more people will learn to share, help, give and love. Let us not just end our little act of kindness with the Pandemic but let us make this act of kindness of charity a way of life... and make this world a better place to live in with our Charity of Love and build **the little piece of heaven** wherever we are.

"Charity sees the need not the cause."

Let us not just end our little act of kindness with the Pandemic but lets us make this act of kindness of charity a way of life...

A Question to ponder: *Where is your heart? Would you rather Satisfy your wants that you really don't need or would you rather give to someone who is looking for a meal?..*



Jayajako aser Tanü Lanur

Imtizulu Jamir
Duncan Fellowship

Tanü asen lima kanga kara renloka aoba den kechisarena purapiteta inyakteper aser yamaji shisaluyimba nung takok khonang nüngsang tajung aika asen lanurtemi ajangzükteter. Saka kodang asenoki asen Tsüraburi wazüka toktsüba tim jayajakoba tsütsü reprangdangdir tesasatsüka tanü asen Putu nung asen jayajako tim mesüi jatepa benshiba asenok aikati asen tenük agi kuli tejangja angur.

Asen Aor Chanu kati Aor Chanu ka dang Odi, Oko, Tanubu, Tambu, Temba ta melena “Hi bro Yoo” ta jembiba angashidang temulungjang ayanger masü no? Ano nisung karibo pa/la dang tainba ka ajurura Odi aser Oya dang amshiba angur aji Odi aser Oya ta ajabaji tim dang saka

asen junga bilemdangra kar dangbo Oko, Amo, Tanubu, Tambu, Tantsü, Tanutsü ta ajatsüba sürnung odi aser oya kisüng agi dang bulua jateper.

Kodang asenoki tim jayajako amshitetdir asenok meraketdaksüba den külemi kati ka dang akhümtsübo aser temeim sayuba kuli tajung angur. Anungji arungma temeim lanurtem, asenok den asen Otsü Obu nunger aser asen tsüraburtem taküm ali tashi parnok dang nungi tim jayajakoba indang khen aroka angazüktsü merangdi, kechiba ta süra asüng asen lanurtemi pei chirnur, semchisemnur danga sayutsü asoshi mapang ka arutsü. Anungji mapang tajung mesüitemdang asenoki khen junga shisadanga bilemdanger mera tasen ka agia asen jayajako tsütsü temulung lapoker angazüktsü aser benshia aotsü merangdi ta iba kakat azünger ajak ayongzüker.

Tsüngremi Dimapur Ao Baptist Arogo lanurtem ajak mojangma. Amen.

THE DARK SIDE OF SOCIAL MEDIA

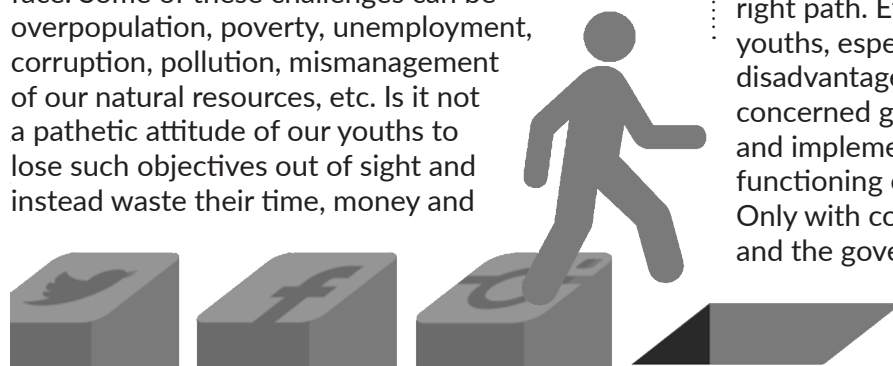
Toshimatsüing Jamir
Merali Fellowship



Undoubtedly, social media has taken almost everyone by storm. Social media and networking sites have become a source of major distraction for all, especially students. Young boys and girls seem to have become inordinately addicted to these sites. They are thoughtlessly and uselessly wasting their precious time on these sites. Wise people say, "Time well utilized is time well spent" but most of the youths of today tend to waste time on chatting, messaging, uploading photographs and modifying profiles.

Smartphones and 4G connections have made the situation worse. Accessing such sites has become so easy that young boys and girls are using these sites almost everywhere and almost all the time. Similarly, they wait for their favourite TV programs with such intense longing! The following questions need to be answered: "Where would this lead to?" "Are we heading towards only Facebook, Twitter, WhatsApp, Instagram, and YouTube for perfection only?" "Where are the objectives of attaining the status of an advanced country?"

There are so many challenges that we as a nation face. Some of these challenges can be overpopulation, poverty, unemployment, corruption, pollution, mismanagement of our natural resources, etc. Is it not a pathetic attitude of our youths to lose such objectives out of sight and instead waste their time, money and



energy on such social networking sites so recklessly? Will Facebook, WhatsApp, Twitter, Instagram, YouTube etc. solve our national problems?

Students these days appear to be more worried about connecting to their friends on Facebook rather than being concerned about their studies, assignments and projects. The other major disadvantage of the increased use of such networking sites is the spread of obscenity which is having a very negative impact on the impressionable minds of our young children and leading them astray. Sitting in front of the screen for long hours also affects their health adversely in many ways.

The parents, the teachers and the government must look into the problems being caused by these networking sites and must formulate a strategy either to curb or completely stop its fast-growing negative influence on the minds of our youth.

Youths are the future of our nation. We cannot allow them to waste their precious time on the social networking sites. That same amount of time must be spent on studying, researching and developing leadership or other life-skills. It is our moral duty as well as responsibility to lead our youths to the right path. Efforts should be made in making our youths, especially the school students, aware of the disadvantages of such social networking sites. The concerned government authorities should make and implement some strict regulatory checks on the functioning of such networking sites in our country. Only with concerted efforts of parents, teachers and the government, this problem of addiction of our youths to social media and networking sites can be removed.



"Lest We Forget Our **Grandparents** and the **Elderly**"

Takonaro Longkumer
Duncan Fellowship

As a social worker, I happened to visit Aoyimkum village in Dimapur to meet an elderly beneficiary¹ few years back. On reaching her place I called out to her in my mother tongue, 'Otsü' (Grandma). Despite calling for a couple of times there was no response. Fortunately, the door was unlocked. On going inside I saw her in bed lying seriously ill. She could barely respond to me.

I reached out my hands to her forehead and found that her body was burning with fever. On asking whether she had any children or grand children to look after her, she replied that her son's family resides in the same village. But they seldom visit or take care of her due to their poor economic condition. As I was interacting with the granny, one of her grandchildren came in, maybe about 10-11 years old. I enquired her how long her granny has been ill and the child

¹ The NGO (*Prodigals' Home*) I am working with supports fifty (50) aged elderly beneficiaries under HelpAge India "Adopt A Granny Programme" in 7 villages under Dimapur District.

replied, "she has been ill for quite some time now." I could observe that the granny's condition was also primarily because of old age.

Her house was in a dilapidated condition. Most of us would not even call her home a house. The thatch/bamboo walls had big gaps and were falling apart.

This is just an incident of many stories of our elderly beneficiaries that we have visited. In many homes, grannies are left unattended and neglected; most of them living in isolation.

When I was a little girl, my family would visit our native village once in a while (not even annually, only once or twice in two/three years or so). I remember my paternal grandmother would just cry on seeing us. As a kid, I would wonder and didn't understand why she cried on seeing me and my parents. Her health condition was poor and was sickly most of the time, as I remember her. I didn't get the privilege of spending much time with her but I remember her as a very soft spoken and kind-hearted person.

Both my paternal & maternal grandparents passed early when I was quite young.

As I reflect and look back now, I have realised the reason my grandmother cried on seeing us and how she must have felt. The joy of seeing her children and grandchildren once in a while must have been very emotional for her. *Her tears were of joy.*

Nagas are synonymous with magnanimity in loving and caring for the elderly. But with the passage of time, the traditional value systems of the Nagas are changing along with the shifting focus of socio economic priorities. Elders/senior citizens are slowly being ignored and driven to the peripheries, both in the families and society. Some families are too poor while some don't care to look after their aging parents. Children and grandchildren often find no time for the elders/senior citizens in their family. The fast changing world has shifted our priorities and often we forget to tend/spend time with our grannies/elderly.

The failing age, ailments, etc., add to their misery. Many are being neglected and left to fend on their own. Blurred vision, reduced hearing, joint pain, chronic cough, dizziness, dental problem, general weakness, isolation, etc., are some of the conditions in which they live with, every day.

Old age is the period which requires more care in the life cycle of human beings. As Tia Walker says, "To care for those who cared for us is one of the

highest honours,' so let us look out for our seniors and elderly grannies in our family/society at a time when they need support the most.

In many homes,
grannies are left
unattended and
neglected; most
of them living in
isolation.

Having an elderly/granny in your family is a blessing. It is a privilege to have an elderly/granny at home whatever condition he/she maybe in. They are like the jewels in the family's crown.

I was not fortunate enough to spend quality time with my grandparents but if your grandparents are still alive I would like to encourage our youths to spend time with them, look out for them, be there for them and most of all love them. Be thankful to God that you have someone to call as your Otsü or Obu.

God bless our dear elderly senior citizens.

GOD IN A PANDEMIC

Arenkala Kichu
Lungmen Fellowship



Yes, pandemic we know is a disease which is prevalent over a whole country or the world but I metaphorically see it as a deadly disease in our life. The daily disease that is affecting our heart, mind and soul and how it spreads in and around the place where one has been just like the way the current Covid-19 is spreading, which took and is taking away several lives from this beautiful world. How is your heart? Is it affected by any virus? Is your heart, mind and soul shielded just like the various precautions being used to protect from Covid-19? Are you sanitizing your heart killing all dangerous bacteria? Endless questions arise and sometimes you do not have tangible answers but look to God and kneel before HIM and surrender.

Be it calamities, deformities or physical pain, it is God's anger or trumpet blast to tell to the world

that something is really wrong with us. In the midst of this ugliness, you will see many Godly people also suffer but we can find the answer to this confusion in the book of Job. It describes that even the righteous men too suffer. When we look at the life of Job, he was a man who was upright and humble, who had everything he needed and wanted. He was not only the wealthiest but the GREATEST in the land of UZ. A time came when he had to lose his wealth, children and health, still he didn't accuse the name of God. He rather praised HIS name which pleased our living God and Job was doubly blessed. In those difficult times, Job succeeded but today, what is our take on COVID-19? Is our intention, heart, mind and soul are with the Lord or are we depending on our own understanding that some medical doctors from a developed country will discover and invent medicines for it.

Proverbs 3:5-6 says, "Trust in the Lord with all your heart, lean not on your own understanding, in all the ways acknowledge HIM and He will make your paths straight." God is asking us to trust in Him so that we will be like the Mount Zion, which He called as His but since the creation of man; we always wanted to do everything on our own. Adam and Eve sinned against God and the ultimate penalty was to die. We think that the world is advancing believing that we are becoming smarter, greater and we can take care on our own. Sometimes, we think that we eat because we work. But we don't realize that all work and bread are from HIM.

The world has a pungent smell due to sinning against God. Maybe God has once again started to regret for creating humans just like HE did in Noah's generation. HE is mercifully shouting to us to WAKE UP: Sinning against Him is horrible and ugly and this is far more dangerous than the deadly disease called CORONA VIRUS.

God is begging us to give HIM the right amount of attention. We are repellent, ignorant, and offensive, distrust and we devalue Him. On the other hand we give every miniscule attention to our hairstyle, skin, clothes and even to the shape of our nose. Today, we are receiving our due penalty and it is one of the judgments of God and it will be harsher

than this in heaven. Romans chapter 1: 18 says, "The wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who by their unrighteousness suppress the truth."

We understand from Romans chapter 1: 18 that we (Christians, who are saved by His blood) may die of corona virus or any other diseases or calamities but we need to remember that we are not condemned. For He says in Romans 8:1 that, "there is no condemnation for those who are in Christ Jesus." But these deformities are to discipline us and let us lean on to His understanding. He disciplines us because He loves us; chastises or scolds every son and daughter who receives Him. He is calling us to repentance when we still have time. Let's not

look at *somebody's sins* but *our sins* and *love Him more than we love barren materialism and Christless entertainment.*

Today, you may seek medical doctor's help and attention for any ailments or top architects for building your dream house with tight security but we should also remember that all sorts of satisfaction and security is only from HIS unconditional love, grace and infinite greatness. Let us lean on His unlimited understanding because it is worth knowing and believing in God in all circumstances.

May the Lord have Mercy on us.

Let's not look at
somebody's sins but
our sins and *love Him*
more than we love
barren materialism
and Christless
entertainment.



Kathyinla
Duncan Fellowship
EAC Probationer

TRUSTING YOUR LIFE'S TRAJECTORY

Sometime in the middle of the year I updated a status on Whatsapp. My focal point revolved around the need for young men and women of today to be self-reliant and embrace opportunities that are being created at present. I later received a message from an acquaintance who asked me in a very candid manner, "Would you have been open to the idea of working as a waitress at a restaurant or as a teacher in a private school with a measly income had you been unemployed in the government sector?" It was a very valid question, I thought. Given that it is difficult to walk the talk, his question gave me plenty of reasons to ponder over why I think and live the way I do.

I have always held the view that the only way you discover your true self is by learning to stand on your own two feet,

not by getting lost in the ways of the world or by developing a victim mindset. I tell you, that is the only way you learn not to take people (and life as a whole) for granted and vice versa. As a grown individual, one of the sights which pains me most is seeing young people wasting precious time in pursuits that yield no long term benefit. Besides, years of education mean nothing if we cannot shrug off this 'poor me' mentality. Often, I have had people tell me "Oh, it is easy for you to say that because you have gotten what you dreamed of." To be honest, it was not easy and it never occurred to me in my wildest dreams.

**...years of education
mean nothing if we
cannot shrug off this
'poor me' mentality.**

Growing up, I had no aspirations of becoming an Engineer, a Doctor or a Scientist. Cocooned in an age of increasing 'white collar' craze these were the only professions one was aware of back then (think 1990s). The fact was that these career options did not intrigue me enough to make me want to pursue any of them zealously. I did not bother much about what kind of job was odd and what wasn't, either. All I had was a drive within me to be self-reliant and with that small conviction in mind I made my first pocket money when I was fifteen. I was paid 450 rupees a month for tutoring my neighbour's children. A decade and half ago, 450 rupees could support your daily needs as a student for an entire month or maybe I was just frugal with my hard earned income. No one advised me to earn my pocket money then, I simply felt the need to remain productive. It taught me a lot. It taught me the art of remaining grounded and being sensible towards other people.

fondness for children. My job at the private school was short lived as the following year I was selected to the post of a Government School teacher. Simultaneously, there were other social activities I was engaged in and they have shaped my thought process in manifold ways.

I now realise that every experience I have ever gone through was a God-given opportunity. Each one of them has imbibed in me valuable lessons which I hold very close to my heart. I must admit that my life's episodes are not of the extraordinary kind and they may be similar to the ones you may have encountered yourself. The beauty of it all is, I have absolutely no regrets whatsoever. My experiences over the years have taught me three significant principles which I try to live by (i) Stay true to my commitments (ii) Live and not

“No one advised me to earn my pocket money then, I simply felt the need to remain productive.

After appearing the final semester examination in college and in the process of awaiting results, I enrolled myself for a part time job at a bakery. That again was an enriching experience I had the privilege of going through. It taught me a crucial lesson. I learnt to develop a deep sense of appreciation for my life and everything in it. I earned 2500 rupees at the end of the month. However, the money meant nothing. The sheer joy of knowing that I did something productive was worth more than any thing 2500 rupees could buy me. I still equate the opportunity to a four-week life skill training which shaped my mental capacities in tremendous ways.

Once university days were over I knew I did not want to continue climbing the academic ladder. Instinctively, I applied for a teacher's post at a private school. The salary was 6200 rupees if I remember correctly. For a fresh university graduate, it would be the first lesson on earning less than your monthly expenditure as a student. I did not know what to expect but I was in for a pleasant surprise. I discovered two interests during my stint there, one was my passion for teaching and the other was my

exist (iii) Appreciate the services of those who work to make our lives easier.

I believe I am a lot wiser now because I have lived most of my life on modest intentions. I am convinced that there is no hard and fast rule to lead life, our intentions matter most. One thing is apparent though, the present time and age is for the go-getters. Each one of us must ask ourselves what it is we can give to the world. Also, never be ashamed of who you are, where you come from or what you do for a living. At the end of the day, integrity is king. As long as you remain true to your ultimate calling there is no reason you should harbour any sense of shame. The key is to allow oneself to be moulded by all of life's ups and downs and consider them vital ingredients in the process of discovering one's true purpose. Remember that the trajectory your life will take is defined by the choices you make every single day. Convince yourself that life is beautiful and work towards creating just that because the journey is as important as the destination.



Never Judge Someone without Knowing the Whole Story

Imtinula Changkiri
Yongküm Fellowship

appearances or what they first believe. It's not that they want to be mean or insulting to someone, it just comes out of their mouth, sometimes accidentally. I know the importance of seeing good in people, and I always try my best to do that. We don't know a person's full story, so is it fair that we judge on what little that we know about them.

Dear readers, let me ask you this question - How many people have you judged this week?

We have all judged and had been judged. It might be over small things, or over bigger issues. Regardless, we do it. In those cases where we do know what is going on, it still is important not to judge. Someone maybe going through a rough time, and the last thing he or she needs are judgmental stares. My friends always know when I am having a bad day. They may not ask me why, but they do not judge me because of how I behave around them. Instead, they just act normal and smile, which is definitely something that is always needed in a person's life. We should be there for others as a kind friend, not as a judgmental peer.

To quote Paulo Coelho, "We can never judge the lives of others, because each person knows their own pain and renunciation." So judge less, accept more, and restore your happiness.

You don't know me and I don't know you. This is the unfortunate truth. Even though we think we know each other partly, we will never truly know a person's full story and we may not know the whole thing.

Not only is it important to respect a person's privacy, but we should not judge them if they decide not to share their story. I know that judging others is something that happens everyday. I myself try not to judge but sometimes I just can't help it. Do you ever think something about a person you don't know and then later wonder if you were wrong? I have moments like that. Then I sit and wonder feeling bad about doing it, realizing also that many people may have been judging me incorrectly all along. I do know people who choose to judge others based on

Sexual Abuse: CHILDLINE



Children and Sexual Abuse

CHILDLINE 1098 is a national 24x7 toll free phone outreach service for children (under 18) in need of Care and Protection. Nagaland chapter of CHILDLINE was first launched in 2011 under the banner of Prodigals' Home in Dimapur; now operational in six districts.

Since inception, CHILDLINE Dimapur has intervened in cases both diverse and unexpected. The reported cases highlight a dark side of an acclaimed "Nagaland for Christ" where children are not as safe as we take for granted that children are enjoying a befitting childhood; the reported cases of sexual abuse against children, besides others, are a stark testimony.

A Case Study

A 13 year old girl child named Helen (*name changed*) was brought to Dimapur by her father to stay with her paternal aunt in the month of January 2019. Her uncle is a government teacher and also a deacon in a church while his wife is a home maker. Since the couple were childless and they wanted to help in taking care of the child, the child's parents trusted them and made the child to stay with them. During the initial months she was taken good care of and also admitted to a private school.

One fateful day when her aunt was away, her uncle asked her to sleep with him but when she refused, her uncle forcefully abused (raped) her. She was sexually abused (raped) on two occasions and on both occasion she was threatened with dire consequences if she were to tell anyone, specially her aunt. She also narrated that in her aunt's absence

her husband would take advantage and flashed her private parts. She mustered enough courage to narrate the incident to her elder sister who informed her aunt. Surprisingly, her aunt scolded her instead and ordered to keep quiet. She was now clueless whom to share to, until she shared it with one of her friend. Consequently the truth finally emerged and the perpetrator was apprehended by the police.

Conclusion

Many cases of sexual abuse against children go un-reported or are "compromised" before it gets reported to the police or competent authorities due to fear of discrimination, rejection and many other social and cultural factors. Most of the victims are children and usually domestic helpers who are at the mercy of the perpetrators.

To reduce and prevent such heinous crimes against our children, we all need to come together and dialogue about the issue and support the victims and their family rather than judging them.

Most of the victims are children and usually **domestic helpers** who are at the mercy of the perpetrators.



Myths vs Facts of Novel Coronavirus



MYTH : Avoid eating meat, poultry, fish and eggs to prevent coronavirus

FACT: NO. Consume only thoroughly cooked food including meat, poultry, fish eggs etc.

MYTH : The new coronavirus is transmitted through mosquito bites

FACT : NO. To date there is no evidence to suggest that the new coronavirus could be transmitted by mosquito bites



MYTH: Thermal scanners are effective in detecting people infected with the new coronavirus

FACT: Thermal scanners are effective in detecting people who have developed a fever because of infection with the new coronavirus. However, they **cannot detect** people who are infected but are not yet sick with fever

MYTH: Drinking alcohol or spraying chlorine all over your body kills the new coronavirus

FACT: NO. Drinking alcohol or spraying chlorine all over your body will not kill the new coronavirus



MYTH: Regularly rinsing your nose with saline water helps prevent infection with the new coronavirus

FACT: NO. There is no evidence till now

MYTH: The new coronavirus affects only older people

FACT: People of all ages can be infected by the new coronavirus. However, older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) are more vulnerable



MYTH: Antibiotics are effective in preventing and treating the new coronavirus

FACT: NO, Antibiotics do not work against viruses, but only for bacteria

MYTH: A face mask will protect you from coronavirus

FACT: Everyone **need not** wear a face mask. Only wear a mask if you have flu like symptoms (cough, fever or difficulty in breathing) or if you are caring for coronavirus suspect / patient



MYTH: Pets can spread the new coronavirus

FACT: There is no evidence that pets are the carriers of the infection

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Worship Team



